

**Police save life  
of stricken man**

See below

**Ethics Board  
adopts policy**

See below

**Tennis team off to 2-0 start  
as 3 month road trek begins**

See Sports, Pg. 13

# Belleville Times

84th Year No. 18

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Thursday, April 15, 1993

50¢

## School budget facing battle; five vie for Board

Polling places will be open from 2 p.m. to 9 p.m. on Tuesday, with no expectations of a heavy turnout. The budget, which calls for a 19 point tax increase, is expected to face strong opposition, although parents and teachers have been organizing in its support.

Supporters of the budget say that a larger than usual turnout at the polls could be helpful to their position. Opponents, spearheaded by the Concerned Citizens of Belleville, say that angry taxpayers will

swell the voting lists.

Also at stake are two three-year terms on the Board of Education.

School Trustee Vincent Marrone and Board President Patricia Pisano are both seeking reelection.

Former Trustee Barbara Cicalese is seeking election, as are Robert Molinaro and John Notari.

Patricia Pisano, Secretary with the Essex County Police Academy, has served three terms on the Board, two of them as Vice President. A graduate of the Newark Public School System, she has

taken courses in School Law at Thomas A. Edison State College.

Married to Richard Pisano, Sr., she has three sons, ranging in age from 12 to 16, all attending the Belleville public schools. She has been endorsed strongly by Trustee Dr. Anthony D'Agostino and by Marrone.

Vincent Marrone, is Assistant Vice President and Branch Manager for the Hudson City Savings Bank. A lifelong resident of Belleville, he attended School 1 and Belleville High School.

He is a 15-year veteran of the Belleville Auxiliary Police with the rank of Lieutenant. He has served on the Board of Directors of the Essex County Educational Services Commission for three years.

He is the son of Margaret Risoli Marrone and the late Dominick Marrone. He has the endorsement of Dr. D'Agostino and Mrs. Pisano.

Barbara Cicalese has been a member of school and service organizations for the past 19 years, the Belleville Alliance for Substance Education and she has served

previously on the Board of Education.

Married to Jim Cicalese, she is the mother of two children who are graduates of the Belleville Public School system. She has been endorsed by Trustee Gabe Nazzola.

Robert Molinaro is a Certified Public Accountant and a lifelong resident of Belleville. He is a graduate of Belleville High School and Rutgers University.

He is the son of Rose and Pompey Molinaro, and is married to the former Sandra Nygaard.

Their son, Robert, is a student at the Middle School. He has been endorsed by Trustee Joseph DelGuercio.

John Notari is a teacher of English in Clifton High School and part time Professor at the Stevens Institute of Technology. He holds two Masters degrees in English and communications, and is completing credits for a third Masters degree in administration.

He has been endorsed by Trustee Nazzola.

## 'Victim of grudge' former Commissioner says

## Police charge Joe Fornarotto with assault on cop

By Howard Klausner

"I would never do anything so foolish."

Former Commissioner Joseph Fornarotto denied a charge by Belleville police that he had struck a police officer in the course of an argument in the Public Safety Building, Tuesday night.

Police said he hit Police Officer Frank Malfatto as he resisted arrest, outside the Council Cham-

ber at approximately 7:40 p.m.

The arrest came - according to whichever source is believed - when he declined to leave the building voluntarily, or when he was not allowed to leave the building.

Fornarotto was in the company of Al Vecchione, a veteran Auxiliary policeman, as they walked through the Police Building on an "inspection" tour. Fornarotto had helped design the building while

Commissioner of Public Works.

Police said the two men were in a restricted area when they were halted.

Fornarotto differs with police as to what followed.

He says he explained, in reasonable terms, that he was just looking through the building at Vecchione's invitation.

Police said he became abusive

when told he had no right to be in the restricted area.

Lieutenant John Mailot and Malfatto summoned two more police officers, Rory Scheumeister and Victor Mesce, and they said that Fornarotto struggled with them and shouted obscenities.

Fornarotto denied that he hit a police officer. He said that he was willing to leave the building, but Lieutenant Mailot prevented him.

"I gave him a summons three years ago," Fornarotto said, "and he's been after me ever since."

A police report quoted Fornarotto as saying, "I'm a taxpayer. I have a right to see where my tax dollars are going."

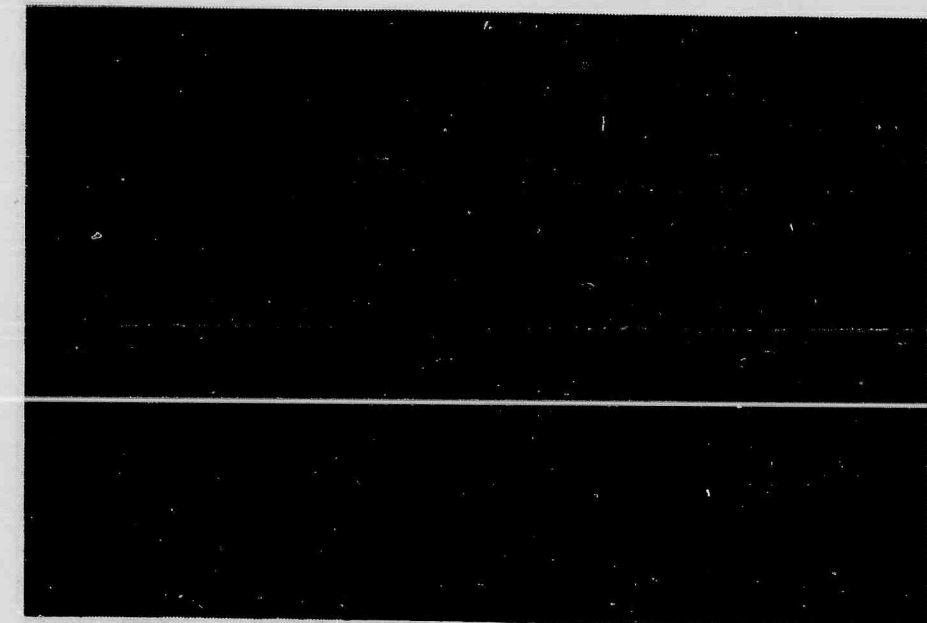
When the dust settled, Fornarotto was held in a detention room in the basement of the Municipal Building, while Vecchione was allowed to go.

Charges filed by the police included obstruction of government function, aggravated assault on a police officer, resisting arrest, criminal trespass and disorderly conduct.

Bail was set at \$5,000, with \$500 cash bond, and family members arrived within two hours to post the bail. An arraignment hearing was set for Wednesday morning.



**SIX HONEST PEOPLE** - The Ethical Standards Board met last week to adopt a resolution setting up ethical guidelines for municipal officials and employees. From left, standing, are Chairperson James Kellett and Gene Luongo; seated, from left, are Russell Perdue, Dee McNamara, Vice Chairperson Rita Trolse and Thomas Mack. (Photo by Howard Klausner)



**A FIRST FOR BELLEVILLE** - The December nor'easter left a path of damage in Belleville. Helping to repair the damage done to school property will be \$1,800 provided by the Federal Emergency Management Administration, presented Tuesday by Essex County Office of Emergency Management Coordinator Julius Coltre. From left are Board of Education President Patricia Pisano, Coltre, and Superintendent of Schools Michael Nardella. It is the first time Belleville has received federal disaster funds from FEMA.

## Pulse and breath were gone

## Two Belleville police save man using CPR to restore heartbeat

By Howard Klausner

Two Belleville Police Officers, one who served as a Combat Medic in Operation Desert Storm, saved the life of an 84-year-old man who lost both his breathing and his pulse, April 7.

Police Officers Joseph Bagonis, who had seen service in the Arabian Desert, and Robert Charles responded to a call at 120 William St. at 9:20 p.m. where Anthony Matthews was experiencing difficulty breathing.

Mr. Matthews, who is six feet tall and weighs some 200 pounds, was in bed, gasping for breath, when the police arrived.

Then, he stopped breathing altogether, and his pulse faded.

The police administered oxygen and cardio-pulmonary resuscitation, and they worked on him until the heartbeat resumed.

Firefighters Philip Lazzaro and Vincent Abbott then arrived in the Fire Department ambulance. They

were taking Mr. Matthews to Clara Maass Medical Center, when his breathing and pulse stopped.

The firefighters administered CPR and revived him again.

Doctors in the Emergency Ward at Clara Maass credited the police and the firefighters with saving Mr. Matthews' life.

He remains in stable condition.

The incident occurred during a period of CPR training which is being given all members of the Belleville Police Department, with Police Officer Paul Long as instructor.

The police are recertified for CPR every two years.

Both Charles and Bagonis served with the Essex County Police before joining the Belleville department.

Charles has been in police work for three and a half years, with the past two years in Belleville. He is married, and expecting his first child.

Bagonis has been in police work for eight years, the last one and a half years in Belleville. He is married and the father of one child.

During Desert Storm he served with the 365th Evacuation Hospital. Most of the patients were Iraqi troops who had been wounded and captured. "Fortunately, we didn't have many Americans hurt," he said.

## Optimists set Easter egg hunt

The Belleville Optimist Club has rescheduled its annual Easter Egg Hunt at Branch Brook Park for Saturday morning.

It previously was scheduled for last Saturday, but rain washed out the event.

The several hundred eggs will be placed in the park area at the end of the dead end road from Mill Street. The event will begin at 9 a.m.



**THE LIFE SAVERS** - Belleville Police Officers Robert Charles, left, and Joseph Bagonis are credited with saving the life of Anthony Matthews, 84, after his pulse and breathing had halted.



## Aside From That

By: Howard Klausner

Well, the Mets have moved north, and with them from Florida has returned our own Izzy Padula. The retired Township Treasurer is tanned and bearded, and for some reason, the hair facade seems to make him look younger. He came back in time to help meet the Spring rush at the Motorcycle Mall, whose customers usually end their winter hibernation about this time of year and pop up with the crocuses. The dress code for the motorcycle buff seems to be running to sleeveless leather jackets, Mohawk hair cuts and lumbermen's shoes. And thick rolls of bills, if they don't carry plastic. Izzy isn't sure of what the state of the economy is, but the Recession doesn't seem to have reached many of the knights of the road. A passing banker wondered aloud if he was in the wrong business. Does anybody know a doughty lady named Evelyn Van Horn? She called up a member of the Belleville Renaissance Committee recently to seek information about the efforts to win federal recognition of Belleville's role in history. She said she was the granddaughter of Elizabeth Hornblower, a direct descendant of Patriot-Engineer Josiah Hornblower, and that she had artifacts and memorabilia of the man who named Belleville. But she would give no information about herself except to say that she lives in Ridgewood. This was not unusual news to Joe Hatch, the direct descendant of Hornblower whose family has always resided in Belleville. Josiah had at least 12 surviving children, Joe said, and descendants pop up from all over the place.

The stirrings of a new age of hydrogen energy continue to be felt in Belleville, where H Power Corporation continues to pioneer in hydrogen powered engines and fuel cells. Joe Maceda, the idea man of the corporation, said that if expansion plans continue, he could add 40 workers to the company this year. He still hopes the Township will repave the road to his plant so that he will be able to ship out his products. Maceda says that hydrogen power could be to the 21st Century what steam power was to the 19th Century. Keeping the plant in Belleville would seem quite appropriate. Al Hartstein was in town recently to visit his daughter in Belleville. The retired jeweler is in Florida now, but he likes to keep his hand in the business by occasional forays north. He told the sad story of how some years ago, when he was struggling to stay solvent, a banker told him of a treasure trove of old gold coins in mint condition which had turned up in an estate being administered by the bank. The banker suggested that Hartstein buy the coins at a price of \$80,000 and then sell them at a profit. At the time, the price of gold was soaring. Hartstein pleaded poverty, and the banker offered to loan him the money. "I jumped at the chance, and he gave me a couple of coins to examine at home.

A few days later, I went back to the bank and found that my friend had just died of a heart attack. When I mentioned the deal he had offered, they had never heard of it." Handing back the sample coins, Hartstein went out into the world again, while gold moved to a record price of \$900 an ounce. He could have bought the coins for \$100 an ounce. A Belleville man doesn't know if he was the victim, or the beneficiary, of a con man. The suspect came to his business and offered to help collect on bad checks. He flashed a United States Marshal badge, and seemed to have the assurance and the credentials to do the job. Not only that, but he collected the money, and took his 30 percent commission. The businessman was now warming up to the man, and asked for help in a custody suit in which a female relative was involved. There was a real threat she would lose her child to an abusive husband, and the Marshall soon set things right, calling up local officials and telling them not to bother the woman, or face the consequences. A court finally awarded custody of the child to the mother, and the businessman encouraged her to pay the man the \$3,000 he requested. Furthermore, the man turned up with a \$3,000 check he wanted cashed, and the Belleville man referred him to a business friend who agreed to cash the check. The next day, the United States Marshal's office in Newark called up to say the man was a fraud, was not a U. S. Marshall, and had just been convicted of running a swindle. The Belleville man paid back his relative and made good the bad check, for a loss of \$6,000. But the mother is keeping her child. "You figure it," the Belleville man said.

Our Copy Cat, Baldassaro DiVincenzo Mitten, was at the Policeman's Benevolent Association Ball when he spotted Mayor Marina Perna visiting the tables with her nominating petition for the New Jersey Assembly. "I wouldn't say she was putting pressure on the peons to sign, but two guys who wouldn't have had their sergeancies delayed a couple of weeks, to April 31." Fifth Ward Councilman Harry Zilch says his organization, the Kool Kukumber Boys is prepared to riot if Joe Fornarotto is convicted. "We are prepared to drive up again to Freeport, Maine and the L. L. Bean Store where we rioted when they convicted Vinnie Frantantoni last year. That time we cleaned out the bowling department. This time, it'll be the duck hunting counter. Remember, no justice, no peace, no ducks!"

## Belleville residents in 'Evita'

Nancy Marino and Tony Cervasio of Belleville are featured in Andrew Lloyd Webber's "Evita," the Spring show at the Montclair Operetta Club. Dates and times are April 23, 24, 29, 30 and May 1 at 8 p.m., and April 25 and May 2 at 2 p.m. at the Mount Hebron School Theatre, 173 Bellevue Ave., Upper Montclair.

Marino last was on the MOC

stage in "Fiorello" in 1986. She made her first appearance in the 1984 production of "Fiddler On The Roof," and later that year was cast in "Sound Of Music."

Cervasio is new to the club, which was established in 1925 and is the oldest amateur musical community theatre in the U.S. His credits include shows with the Bloomfield Civic Chorus.



Brenda and Gary DeRogatis, owners of Atlantic Uniform

## 30 years of success for Atlantic Uniform

When Brenda and Gary DeRogatis took over Atlantic Uniform Company in October of 1991, they brought with them a wealth of experience in the retail field.

Brenda had been an associate store manager with Hanes after a career with John Wanamaker of Philadelphia. Gary had worked his way up in merchandising, as a buyer for Bamberger's, Newark, a regional merchandising manager for John Wanamaker, director of stores for The Fur Vault, New York City, vice president and general manager of the fur salons at Lord & Taylor, New York and chief operating officer of Image Inc., Lyndhurst, a 70-million dollar specialty outerwear retailer.

When they decided to go into business for themselves, they chose an unglamorous, old-fashioned store at 444 Washington Avenue which looks today basically as it did 30 years ago when Clarence Van Note and Frank Zurawski first opened its doors in the heart of Belleville. And, heeding the old adage, "If it ain't broke, don't fix it," the De Rogatises pledged to maintain the same high standards their predecessors had set: the best quality merchandise at the best possible prices and the ultimate in service,

service, service.

Atlantic Uniform sells the top brands — Lee, Timberland, Carhartt, Levi, Redwing, Big Yank, Herman Survivors, Carolina and Ranger workshoes. They service corporate accounts in three states, supplying industrial workclothes and uniforms for policemen, firemen and postal workers. Just as important to the business is the retail customer. They will order hard-to-find sizes, exchange merchandise that doesn't fit, do free on-the-spot alterations and custom monogramming. There is a large inventory of big and tall sizes and an impressive selection of Levi jeans.

Some changes have been made since the De Rogatises took over from Clarence Van Note and Irving Berkowitz, who bought into the business in 1983 — a minor facelift, the institution of a preferred customer program and the commitment to Buy American in every possible area.

For 30 years, Atlantic Uniform has offered the highest quality workclothes, uniforms and footwear from the best U.S. suppliers at the lowest possible prices every day. And nothing is going to change that.

## Artist Haynes wins honor

Former Belleville resident Richard William Haynes, M.A.A., of Fairfield, has won Best-of-Show in the Miniature Art Society of New Jersey's 23rd International Juried Miniature Exhibition, to be held April 18-May 22 at the Art-on-the-Avenue Gallery, 648 Bloomfield Ave., Verona.

The show consists of nearly 500 paintings and sculptures by 151 artists from throughout the United States, Canada, England, Ireland, South Africa and Australia.

Purchasing and collecting miniature art has thrived during these economic times because collectors are able to purchase original artwork created with all the technique and talents found in larger work but at far more reasonable prices. In addition, entire collections of miniature art may take up no more space than that of a single large painting. The size of the miniatures are no larger than 25 square inches (image size) while most are far less. Subject matter must be represented no larger than 1/6th life size. Each miniature, exhibiting jewel-like quality and precision of deft brushwork, has a character quite unlike anything else found in the art world.

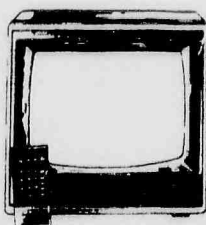
Haynes has been painting miniature art for the past 10 years. He has won awards throughout the country with subject matter ranging from landscapes, seascapes and still-lives, to garden vistas. His favorite media is opaque watercolor (gouache) which allows him to achieve detail without sacrificing color saturation.

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**FUTURE EXPLORER** — Jon Paul Louis, 8th grader of Belleville Middle School, took second place in State National Geography Bee on April 2 at Rutgers University.

## Louis captures second place in State Geography Bee

Jon Paul Louis, an eighth grader at Belleville Middle School, captured second place in the State Geography Bee. The State level of the National Geography Bee was held at Rutgers University on April 2.

To qualify for the State Bee, Jon Paul had successfully won the school bee held in January. He then had to have scored in the top 100 students in N.J. on the written portion of the test.

In the first round competing with 20 students, Jon Paul answered all of his eight questions correctly. This qualified him as a finalist. Out

of ten students in this he came in second.

This was the second time Jon Paul advanced to the State Geography Bee. He won a cash prize of \$75 and an atlas for his achievement.

Accompanying Jon Paul to the National Geography Bee were his parents, Seraphim and Michele Louis, and Middle School teacher Barbara Spillane.

The faculty and students of Belleville Middle School congratulate Jon Paul Louis on his outstanding performance.

## Seventh grade class making soccer history

Belleville Middle School seventh grade art students of Marcia Miele recently participated in a state contest sponsored by the NYNJ World Cup Host Committee. The theme of the contest was "Making Soccer History."

A highlight of the students' participation was the visit of New Jersey's First Lady, Lucinda Florio. Mrs. Florio visited the art classes to help promote the NYNJ World Cup Soccer Games which will be held in 1994 at the Meadowlands. The following students have

been selected as poster contest winners from the Middle School: Arvin Cruz, First Place; Stephanie Izzolino, Second Place; Bob Trainor, Third Place; Gabrielle Iovino, Honorable Mention; Alymer Salomon, Honorable Mention.

All of the posters are being sent on to the state contest where cash awards can be won.

The students thoroughly enjoyed doing their posters and having Mrs. Florio recognize them for their efforts.



**POSTER WINNERS** — BMS Poster Contest Winners (left to right) Arvin Cruz, Stephanie Izzolino, Bob Trainor, Gabrielle Iovino, Miss Miele with poster of Alymer Salomon.

## A visit by Belleville teacher brings a response from Russia

By Jon Blake

Several months ago, BHS history teacher Ann Schneider returned from a trip around the world. She returned with many souvenirs and stories to tell of her adventures in Kirov, Russia. Now, her partner in the Hands Across the Water program has come to America; her destination — Belleville, New Jersey.

When Miss Schneider returned to America from her journey, her new friend, Tatyana Melnikova, did not think that her dream of coming to the United States would become a reality. However, for the past two weeks, Schneider, other teachers and the students of Belleville have been making her dream come true.

Schneider, who was determined to make the two weeks of Melnikova's stay the most memorable of her life, made sure that they did everything that time permitted. Melnikova, who wanted to "see everything and a little more," says she had a wonderful time. The two teachers, who met as strangers last November, spent two weeks seeing everything from Belleville to Trenton and from New York to Miami.

When the dizzying rounds of trips were over, Melnikova had much to share with Schneider's classes at the high school. The theme that kept recurring as students asked her about her country and her visit here was that, all in all, students, indeed all people here, are not too different from people in Russia. This would have been hard to believe just a few years ago, but now the ice of the cold war is breaking and we are realizing our commonalities.

Melnikova said that children in Russia like many of the same things

as students here. They go to movies, hang out with friends, and listen to loud music their parents don't like. They also play many of the same sports and spend their school year in almost exactly the same way students do here.

She also commented on the schools here in Belleville. She thought that the students here were much more independent of the teachers. Students here could also get a better professional education, she said. She also remarked on how kind everyone here had been and what a wonderful reception she had received, no matter where she went.

Melnikova hopes to return to America, hopefully with her whole family. Her husband will take part in the program next year, and Miss Schneider promises to bring him to Belleville for at least a short visit.

FRIDAY 16

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## HELP ME TO HELP THEM

PLEASE VOTE FOR  
**ROBERT MOLINARO**

LINE 4A ON TUESDAY APRIL 20TH



## OUR OPINION

### A professional department

Acts of saving lives are performed every day by our emergency medical workers, and we take these acts too much for granted.

It is good, then, to take note of the life saving act performed by two Belleville police officers, Joseph Bagonis and Robert Charles.

The police take on the obligation of protecting life and property, often at the risk of their own lives. Belleville has a highly competent police force, one that compares well with any other police department in the state.

The skill of performing cardio-pulmonary resuscitation is only one of the many skills taught to the police.

It is part of the making of a professional officer, and the training and education of today's Belleville police officer ranges from the martial arts to hostage negotiation.

Once, you became a cop by going out in the street in a uniform, and learning the hard way how to survive. There was little or no formal training.

Today's professional is worth a lot more than the salaries paid him or her could ever indicate.

Police Officers Bagonis and Charles saved the life of an 84-year-old man who literally had stopped breathing. They threw themselves into the seemingly hopeless task of reviving him, and they succeeded.

They did it because it was their duty, and because they were motivated by the highest sense of humanity.

They are the products of a fine police department.

### Three disenfranchised Wards

A man who had been candidate for the post of Township Administrator told the Belleville Times recently that he had been interviewed by four members of the Township Council - Mayor Marina Perna, Deputy Mayor Mario Drozd, Council President Dr. Frank Noonan and Second Ward Councilman Charles Cerami.

He did not meet First Ward Councilman Jim Messina, Third Ward Councilman Tom Spillane or Fourth Ward Councilman Bill Cook.

He didn't have to.

The ruling majority made all the decisions and did not even consult with the other three Council members.

This has been the recurrent theme ever since the four-member majority took over, in May 1992.

If you are a citizen of the First, Third or Fourth Wards, you have been effectively disenfranchised.

Your elected representative has no say in the management of your affairs. Your voice is silenced.

The non-partisan Council is supposed to consist of seven independent individuals who answer to their constituents.

It is hard to say to whom the Council majority answers.

But when we have a situation where Township officials report only to a small group of Council members, and when three of the seven members of the Council are excluded from the real decision making process, we have a defiance of the public will.

### Make room for good music

Our radio stations seem to be interested in catering to the 12-year-old who buy most of the records.

Some stations will not play any music composed before 1960 or 1992. A very few still provide some sampling of the great popular music produced over the years, the Broadway music, the Berlin songs, the Gershwin classics.

But for the most part, today's young listeners are being denied a good part of their musical heritage.

It is understandable that the stations will play the music they think their public wants to hear.

But they are also educating their public to hear only the music they want to provide.

The right to broadcast is one conferred by the public, and the stations, we believe, have a duty to offer a broader range of music than they now do.

We were reminded of this when a recent television commercial used George M. Cohan's "Over There" as its theme, and some of the younger listeners had never heard of either the song or the composer.

There is great music being produced today. It came out of the great music produced yesterday - the Scott Jopkins, the Stephen Fosters and yes, the Beatles.

## YOUR OPINION

### Pisano and Trenton

To the editor:

A prior commitment with the Woman's Club prohibits me from being able to deliver this message myself, but if anyone understands commitments, it's Patty Pisano. Patty is committed to the children of Belleville, as well as the taxpayer of Belleville.

On New Year's Day, 1992, the Star Ledger ran an article which devastated the Belleville school system. The article stated that Belleville would be the only district in Essex County to lose state aid for the upcoming school year. As most people sat down to their holiday dinner, Patty was already doing her homework.

Key parent groups, civic organizations, board members, active senior citizens and many others were called to a meeting at the Board Complex. Everyone told Patty to wait and see what the new legislature had to say about these state aid figures. But Patty would not take "wait" for an answer. She would not wait and began the "Save Our Schools" campaign. This campaign consisted of posters, flyers and letters which alerted the parents of the school district about the proposed cuts in state aid. Patty felt the parents needed to understand what affects these cuts would have on our district.

The culmination of this campaign was the bus ride to Trenton. More than 300 students, teachers and parents rolled into Trenton to let the Governor and the newly elected senators know that Belleville would not take these cuts sitting down.

Montclair marveled at the organization of Belleville's caravan. State senators marveled at Belleville's organization. While many others tried to jump on the political bandwagon, Patty Pisano took the politics out of this trip. I sat with Patty as she badgered the new Senate President. While he tried to skirt our questions, Patty would not allow it. She held fast to her line of questioning and wanted to know exactly what they intended to do to restore our aid.

While the government officials promised Mrs. Pisano that they would work on it, Patty scheduled yet another meeting. This time, we met with education advisors and staff of the Governor himself. While he tried to explain this new formula which left Belleville devastated, Patty explained the plight of the Belleville school system. She explained to him how our academic needs couldn't possibly be met with these figures. She talked about possible school closings, program endings and elimination of clubs, and other extra-curricular activities like sports and band. She definitely left her mark on these education staff members. They promised, like the elected officials, that they would do what they could to look into reworking the formula.

Again, Patty did not end here. Channel 5 came to my house to do a special report on districts such as Belleville who expected to be affected by state aid cuts. Now, Patty had a national audience to state her case to. Anyone who saw the show did not see Patty Pisano, the president of the Board of Education. They saw Patty, the mother who was concerned

about the education of her children. They saw Patty, the taxpayer, who was concerned about those in town who live on fixed incomes. They saw Patty - ready for battle again. The Channel Five special was a wonderful boost for our system. They highlighted some of the wonderful things that go on day in and day out. They highlighted parents who are willing to fight for the rights of their children. They highlighted a good system that has good leadership and guidance. We need to continue to have people that will continue to fight for the needs of our district. We need fighters and leaders and people who care - we need Patty Pisano!

Mary Anne Lopreato

### Support for Molinaro

To the Editor:

On April 20 I am casting my vote for Robert Molinaro.

The choice for this very important position has never been clearer. Robert is a lifelong Belleville resident who attended the Belleville school system. Robert has utilized the skills his parents and his education taught him, in setting the foundation for his own family. Robert is truly a quality citizen. With three children in the Belleville school system, this election is very important to me. Robert will be a very new and welcome voice on the Board.

I am asking all my friends in Belleville to get out and support Robert - 4A - Molinaro. We need a change, Robert gives it to us. We need integrity, Robert delivers. We need the interests of our children placed first, Robert guarantees that platform.

Being involved in athletics and education all of my life, teamwork pays huge dividends.

On April 20, the team consisting of educators, parents with children, senior citizens, will deliver in the clutch Belleville's biggest hit!

Salvatore A. Garilli  
Belleville

### Burke for Cicalese

To the Editor:

I would like to announce my support for Barbara Cicalese - 2A - candidate for the Belleville Board of Education.

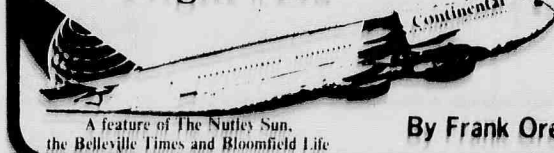
Barbara has experience as she is a former Board trustee. She is involved in the community because she cares.

Her number one priority is the welfare of our children and their education.

Please come out to support Barbara Cicalese - 2A - on April 20.

Marie Gammaro-Burke  
Belleville

### Flight #198



By Frank Orechio

• **BLOOMFIELD MAYOR JIM NORTON** and his Council team are visionaries. They are looking into the possibility of utilizing the vacant South Junior High School for a Senior Citizen Housing and Community Center. A high energy enthusiastic supporter of the study is Councilman Bob Fetterly. This is leadership at its best.

One possibility is utilizing the present gym, dining room and theater accommodating 500-600 people. A private not-for-profit sponsor should be available.

Additionally, privatization of the tennis court equipment with a "bubble" for year-round use might bring to the town an annual substantial profit.

Economic feasibility studies should be authorized.

• **SCHOOL** Board elections are scheduled for Tuesday, April 20th. Five candidates are vying for two seats on the Belleville board. Incumbent members Patricia Pisano and Vincent Marrone are seeking re-election. Also seeking election are former School Board member Barbara Cicalese, John Notari and Bob Molinaro.

Three incumbents are seeking re-election in Bloomfield: Joe Cerone, Tom Barton and Ronald Sliwinski. Also looking to enter the winner's circle are Tony Petrillo, Kenneth Frattini and George Burrough.

In Nutley, Board members Rosalie Scheckel, Sam Battaglia and Bob Rusignuolo are seeking re-election. Seeking a seat on the Board are newcomers George Hayes and Maria Russo.

• **A GRAND JURY** has been requested by the New Jersey Attorney General to conduct an investigation to determine whether "criminality" was involved in the award of millions of dollars in state aid to the Lyndhurst schools.

The actions of Lyndhurst School and municipal officials who were accused by the N. J. State Board of Education of "fraud" and "misrepresentation" - a board which requested the return to the state of "\$3 Million in grants rescinded and returned," are the central issues involved.

The township used the money to cut taxes, contrary to its grant application.

The grant application was presumed to have been mailed to the Trenton authorities by Lyndhurst officials. Query - Was the federal mail fraud statute violated? Isn't that angle a subject that should invite an investigation by U. S. Attorney Mike Chertoff?

• **SO** - Senate Minority Leader John Lynch has finally discovered that Governor Jim Florio is electable in November. The "train" was scheduled to leave "the station" this week - Lynch had very little choice but to hop aboard before it was too late - well, better late than never.

A special reception for Governor Jim Florio is scheduled for Tuesday, April 20th, sponsored by Tom D'Alessio's Essex County Democratic organization. Maximum contribution is \$1,800 a head. The 5 to 7 pm reception is slated for Libretti's Restaurant, West Orange. Readers may call Dina Graygor, 908-819-0404, for details. Checks are to be drawn to "Florio 93".

• **NUTLEY'S** own Tom Infusino will be the Honored Guest at a Felician College dinner, Wednesday, April 21st, at the Sheraton Meadowlands.



Tom Infusino

• **IT'S** now official, Governor Jim Florio is a candidate to succeed himself at the November election. 2,000 voters turned out this week at the Meadowlands Hilton to honor him.

Competing for the Republican nomination are former Attorney General Cary Edwards, former Public Utilities Commissioner Christine Whitman and former State Senator Jim Wallwork. The latest poll gives Whitman a victory over Edwards by a 2 to 1 margin. Whitman by

far is the most charismatic Republican.

• **ESSEX COUNTY'S** 27th District Democrats are preparing to dump incumbent State Senator Dick Codey. Orange Mayor/Assemblyman Bob Brown is the heavy favorite. Codey has teamed up with East Orange Mayor Cardell Cooper against East Orange and Essex County Democrat organizations. In prior years, Codey won because of all-out support from the Essex Board of Freeholders and the Essex County Democrat organization. Senate candidate Mayor Brown has strong running mates, Assemblywoman Quilla Talmadge and Montclair's most popular citizen, former Councilwoman Dolores "Bobbie" Reilly.

• **REPUBLICAN** gubernatorial candidate Chris Whitman has now taken aim at the New Jersey Sports Authority managed by President Bob Mulcahy.

Under Bob Mulcahy, the Sports Authority has brought international fame to New Jersey - and operates without a breath of scandal - a credit to the leadership of Mulcahy. Here is a public servant deserving of praise not condemnation. But, politics will be politics. If Christine wins the GOP nomination, look for the Sports Authority to be the centerpiece of Whitman's attack against Florio.

I like Chris Whitman. I believe there is a place in government for her talent and energy. She has unlimited personal funds, wealth in the main, inherited from her wonderful parents, Webster and Eleanor Todd.

• **ANTHONY IANNARONE**, President of the Nutley Free Public Library Board of Trustees recently announced that the group has established a fund in honor of former Mayor Harry Chenoweth. The original \$10,000 principal is comprised of \$5,000 from the 1991 Evening at the Library Tribute to Hoffmann-LaRoche, and \$5,000 donated to the library in Iannarone's name by his employer, Hoffmann-LaRoche. Iannarone is asking for tax deductible contributions to "The Nutley Public Library" designating it for the "Mayor Harry Chenoweth Fund". Harry Chenoweth is a Nutley legend and a Nutley treasure. He has committed a lifetime to improve the quality of life in Nutley. Chenoweth has earned this recognition.

• **THE** Belleville Board of Adjustments receives high marks from professional observers. "It's one of the few jewels of our community," observes a local professional.

The Los Angeles cop trial may end up in a "hung jury".

## Belleville Times

Serving Belleville Since 1909

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# Letters to the Editor

## Dr. D. for Vince

To the editor:

Vincent Marrone (3A) deserves to be re-elected to the Belleville Board of Education on April 20, 1993.

He has served for the past three years with distinction and credibility. Vinnie stands for providing the best educational services possible for all our children with strict cognizance of the ever spiraling property tax burden.

During the past three years, Vinnie remained quietly reserved but extremely instrumental in some tough decisions. He has consistently voted his conscience with a quiet but effective tone in making a lot of good common sense.

I wholeheartedly support Vincent Marrone (3A) along with the other incumbent Pat Pisano (5A). Let's keep Experience and Knowledge on the Board of Education.

Dr. Anthony C. D'Agostino  
Member, Board of Education

## Throat specialist for a heart problem!

To the editor:

Would you go to a throat specialist for a heart problem? If you took more than five seconds to answer this question and your answer was yes than perhaps when you go to the polls on Tuesday to vote for our next school board candidates you should cast a write in ballot for a lion trainer. By no means do I discredit the lion trainer profession. I'm sure they do well in their craft or else none of us would go to the circus. If a self proclaimed lion trainer were running for a seat on the Belleville Board of Education, I would take a long hard look before casting my vote.

This year's candidates running for the school board in my opinion are fine upstanding individuals who, if re-elected or elected will do a fine job. I have had an opportunity these past weeks to attend school board meetings as well as the recent candidates forum. I did this to seek out and learn as much as I can about the individuals who will play a very important role in shaping my daughter's future. I am a Vietnam Vet, homeowner and above all a parent who is deeply concerned with what goes on in our community.

The most important thing I value as an American is my vote. I fought hard for this freedom and understand its importance. I'm sure if the reader of this article were to take a few hours of their time and research the candidates running for the school board, they will undoubtedly support overwhelmingly the candidacy of John Notari to fill one of the two seats in the upcoming election. His credentials speak for themselves and I firmly believe if anyone can get this board going in the right direction it is he.

In addition, I would like to take this time to thank Mr. Nardiello, Mr. Appleton, and most importantly, Ms. Angie Paserchia, Mr. Ralph Mazzuca, and Mr. Gabe Nazzola for allowing me to provide my input as a member serving on the Committee for the school budget. I would also like to thank the fellow citizens who I served with for providing me with their insight. It was through this experience that made me realize more than ever the importance of having someone like John Notari to fill a seat on the school board. So remember you wouldn't go to a throat specialist for a heart problem, if so this article was written in vain.

Philip E. San Filippo



ORATORS — Optimist Club of Belleville Oratorical Contest participants, Lisa Jablonski (10th grader), Jason Delmotte (8th grader), Melissa Anderson (8th grader), Jon-Paul Louis (8th grader), Jennifer Price (8th grader), Albert Alves (10th grader).

## Belleville students in Optimist contest

Six students from Belleville Middle School and Belleville High School participated in the Optimist Club of Belleville's Annual Oratorical Contest on March 18.

A speech of no less than four minutes or more than five minutes must be given on a specific topic. This year's topic was "I Can Make a Difference."

Melissa Anderson, an eighth grader, won the girls' contest and Albert Alves, a tenth grader, won the boys' contest. These students, representing the Optimist Club of Belleville, will compete in April at

the Zone Contest in Nutley. The winners of the Zone Contest will be the representatives in the State Oratorical Contest.

The other student participants were Jennifer Price, Lisa Jablonski, Jon-Paul Louis and Jason Delmotte.

The students were accompanied to the contest by teacher coordinators, Eileen Albrecht, Sharon Shapiro, Barbara Spillane and Carmen Giunta.

Optimist member and town attorney Robert Giordano served as chairman of the annual event.

## Wise Owl Nursery demonstrates program

Wise Owl Nursery School hosted an "Open House" on Saturday, April 3. Located at 617 Washington Avenue, Belleville, Wise Owl recently celebrated its 25th year in business.

The National Association for the Education of Young Children is highlighting the Week of the Young Child, by having nursery schools conduct special programs for the public. The theme of this year is: Your Children - Their Future in Our Hands.

Wise Owl "Open House" is for

the parents of pre-schoolers who are interested in a quality pre-school program for September 1993. The staff was available to explain the program and answered questions from parents. Pre-schoolers had an opportunity to spend some time in a nursery school environment that provides for their needs.

Established in 1960, Wise Owl offers a 2-1/2 hour program for children ages 3 to 5.

### Music Parents

### April meeting

Today, April 15, is the date for the Belleville Music Parents Association meeting. This month's meeting will be held in the Chorus Room at Belleville High School beginning at 7:30 p.m.

## CCB reschedules April 22 session

The Concerned Citizens of Belleville general membership meeting originally scheduled for April 22, has been cancelled due to school spring recess. New date will be announced.

The annual Scholarship Fund Raising Dinner Dance will be held on April 24 at the Branch Brook Manor.

Both members and non-members are cordially invited to attend. Tickets are \$20 per person for a full course dinner and live entertainment. For tickets or information call 759-4111 or 759-1492.

## Book marks

### Book lectures

As a result of a matching grant from the New Jersey Committee for the Humanities, the library is presenting ten book lectures and discussions on the theme by New Jersey scholars.

On April 21 at 1 p.m., "The Great Gatsby" by F. Scott Fitzgerald will be discussed by Dr. Robert Gold, Professor of English, Jersey City State College.

On April 28 at 1 p.m., "All the King's Men" by Robert Penn Warren will be discussed by Dr. Jane Brown, Professor of English, Trenton State College.

Call the library at 450-3434 to register for the series.

### Trustee to be honored

For his 32 years of service as a Library Board of Trustee Member, Kenneth R. Broo will be honored on April 29 at 7:30 p.m. with a special lecture in his honor by Dr. Elliot Engel, a scholar and performer, who will speak on the topic: "The Dickens Nobody Knows." Call the library at 450-3434 to tell us if you will be attending this wonderful celebration for Kenneth R. Broo.

## Russian visitor receives gift

To demonstrate their school spirit, Belleville High School Basic Schools Improvement Program teachers and their supervisor, Isabelle Giordano, presented Tatyana Melnikova with a photo album. Ms. Melnikova, a teacher from Russia, is involved in the "Hands Across the Water" program with Social Studies teacher, Ann Schneider, who visited Russia last fall.

The album was decorated with the Belleville Buccaneer emblem and trimmed with blue and gold lace. Dr. Ciccone, principal of Belleville High School, was instrumental in getting the sports letter "B" for the cover of the album.

Math teacher, Charles Eccles, who is also certified to teach Russian, translated the message from the Basic Skills faculty into Ms. Melnikova's native language.

Basic Skills teachers include Rebecca Gavaletz, Joanne Jovelle Kessell, Sal Mauriello, Daisy Oliva, Joan Protomastro, Jim Russomanno, Renee Surhoff and Linda James Taylor.

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## VOTE 1 - A JOHN NOTARI (BELLEVILLE BOARD OF EDUCATION)

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- ELIMINATE NON-RESIDENT STUDENTS
- STOP RUNAWAY SCHOOL TAXES
- THE NEEDS OF THE TAXPAYERS NEED TO BE HEARD
- KEEP ALL OF OUR NEIGHBORHOOD SCHOOLS OPEN
- INVOLVEMENT OF SENIOR CITIZENS IN OUR SCHOOL
- BEING CONSERVATIVE WITH THE TAX DOLLAR
- TAKING POLITICS OUT OF EDUCATION



### OUTSTANDING PERSONAL PROFILE

- Educator (Teacher of English), Clifton High School - 11 years
- College Professor (Advanced Humanities), Stevens Institute of Technology
- Graduate Degrees:
- Masters in Communications - Montclair State College
- Masters in English - William Paterson State College
- Masters in Administrative Supervision (Currently Completing Degree) - Montclair State College
- Bachelor of Arts Degree - Kean College
- Belleville Public Library (Drama Instructor - Evening Program)
- Fair Lawn Community School (Instructor for Enrichment Program - Talented and Gifted)
- Inducted in the Phi Delta Kappa Honor Society

## EXCELLENCE IN EDUCATION

**JOHN NOTARI # 1-A**

APRIL 20TH

POLLS OPEN - 2 P.M. - 9 P.M.

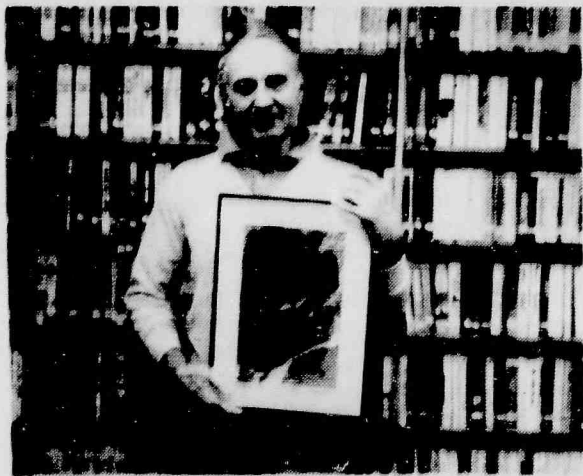
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**GLORIES OF NATURE** — Pictured holding one of his photographs from his North American Rockies' Exhibit is Frederick Dammont, whose works can be viewed during Library hours.

## Book marks

### Calendar of Events

**Photography Exhibit:** A Photography Exhibit of the North American Rockies by Frederick Dammont will be on exhibit during library hours at the Belleville Public Library and Information Center through April 30.

**Displays:** A "Doll Collection" by Virginia Heldon of Glen Rock will be on display in the large exhibit case.

"Postcards" by Paula Dorival of Belleville will be on exhibit in the library's small exhibit case.

**April 15** — A Parenting Workshop will be held at 10:30 a.m. at the Belleville Public Library and Information Center, 221 Washington Avenue.

The Distinguished Service Award will be presented to Edward O'Neil at 7:30 p.m. at the Belleville Public Library and Information Center, at which time Dr. James P. Shenton, Ph.D., will deliver the Distinguished Award Lecture.

**April 16** — Introduction to Library Information and Computer Technology by Acting Library Director Adrea G. Cohen, a Friends of the Library Program, will be given from 1 to 2 p.m. at the Belleville Public Library and Information Center, 221 Washington Avenue.

**April 17** — The Belleville Public Library will present Japanese stories for children from 10 to 11 a.m. at the Essex County Cherry Blossom Festival, the Visitor's Center. This program is being held in Branch Brook Park, but sponsored by the library.

Celia's Marionettes will present "Juliana and the North Wind" from 2 to 3 p.m. at the Belleville Public Library and Information Center, 221 Washington Avenue. Call 450-3434 to reserve tickets.

**April 19** — Cookless Cooking will take place from 3:15-3:45 p.m. at the Shafter Branch Library, 30 Magnolia Street.

**April 20** — A Children's Story and Making Quilts Craft will take place at 10:30 a.m. at the Belleville Public Library and Information Center, 221 Washington Avenue.

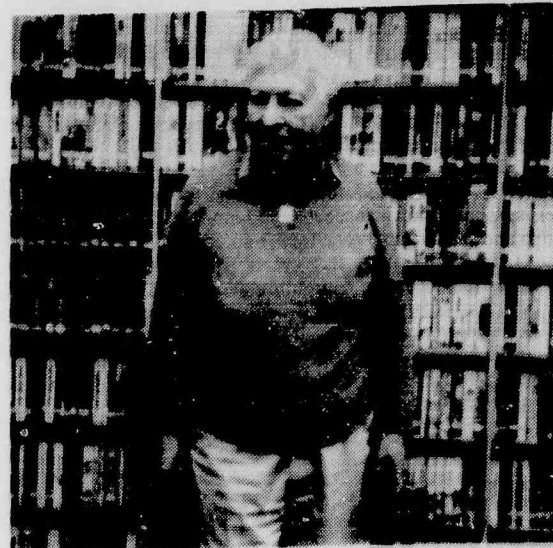
**April 21** — A Lecture and Book Discussion on "The Great Gatsby" with Dr. Robert Gold, Jersey City State College, will take place at 1 p.m. at the Belleville Public Library and Information Center, 221 Washington Avenue. The lecture is provided by a Matching Grant from the New Jersey Committee for the Humanities.

**April 22** — The film "Arch of Triumph" will be shown at 1 p.m. at the Belleville Public Library and Information Center, 221 Washington Avenue.

### Children's Room activities

On April 17 children's stories from Japanese fiction will be presented in English by Melissa Kopecky, Children's Room Staff, from 10 to 11 a.m. during the Cherry Blossom Festival at Branch Brook Park. Kopecky will read Japanese stories in the Cherry Blossom Tent at Branch Brook Park.

On April 20 at 10:30 a.m. participants will make quilt patterns using paper and also listen to stories about quilting in the James J. Cozzarelli Jr Children's Room.



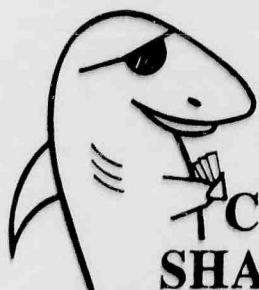
**OUR HISTORIAN** — This evening at 7:30 p.m., as part of the library's celebration of National Library Week, Edward O'Neil will receive the Library's Distinguished Service Award for his work in preserving and promoting Belleville history. In his honor, Dr. James P. Shenton, Ph.D., Columbia University, will speak on the topic: "Saving the Industrial Past."

### American quotations

Recently added to the Reference Collection of the Belleville Public Library and Information Center, 221 Washington Avenue is "The New York Public Library Book of Twentieth Century Quotations," the first reference book to offer a compendium of truly popular American quotations, from the human condition, to popular culture to social issues, relationships, to the specifics of scandals, movies, civil rights, using cross-indexing by author, key word and subject. Ask your reference librarian for assistance in offering this reference work.

### Self-help cassettes

"You Can't Afford the Luxury of a Negative Thought" are eight audio cassettes available at the Belleville Public Library and Information Center, for people with any life-threatening illness, including life, states the authors John Roger and Peter McWilliams. The tapes are read by David Warrilow, an actor of international repute and are available on the first floor of the library in the audio section.



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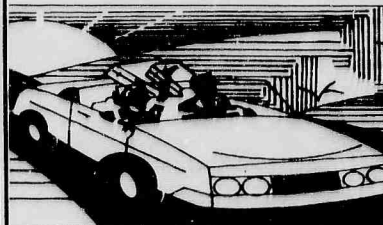
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"NINJA TURTLES III" PG



## Future business leaders meet

By Domenick Mastropolo

Recently, two seniors from Belleville High School competed in the 1993 Future Business Leaders of America (F.B.L.A.) State Leadership Conference. Nancy Settembrino and Pina Gencarelli participated in this competition, held on March 18 and 19 at the Hyatt Cherry Hill.

This conference, which is composed of different events that deal with business, is designed to provide students with first-hand learning experience and to develop competent, aggressive business leadership.

Settembrino and Gencarelli, who were accompanied by their

advisor, Linda Montanino and teacher, Claire Rennie, became eligible to compete in the conference when they placed in the North Central Regional Competition in January. Settembrino competed in the Machine Transcription event, or stenography, where she took fourth place at the state level. Gencarelli competed in the job interview event.

The 1992-93 membership year recognizes nearly 6,500 FBLA - PBL student members in 165 secondary and post-secondary schools in New Jersey. Competition in the events of the conference is rigorous and BHS is proud of its students' accomplishments.

## Newer and better computer

By Michelle Pszonka

This year the Belleville Board of Education purchased an IBM compatible 486sx20 computer for installation in the Belleville High School library. The unit is primarily for use as an electronic periodic guide to literature, but can also run other software and be used with a modem and telecommunications programs.

In addition to displaying sources for research, the computer prints a short abstract of what the article is about. The summary provided is

convenient and saves time.

Last year the computer was loaned to the school for preview. Now, thanks to the efforts of Mr. DiMaggio, BMS principal, and Mr. DePaul, head of Vocational Arts, the Board granted approval for purchase of the computer.

The faculty and students at BHS would like to thank the Board of Education for recognizing the need for new technology in our school system and for providing such a useful tool for all to use.

## BELLEVILLE SCHOOL NEWS

## Belleville student takes Washington trip

Hoffmann-La Roche Inc., a leading research-intensive health care company has sent 23 civic-minded high school students from across the country, including 15 New Jersey students, to the 26th annual Washington Workshops Congressional Seminar in March. This week-long, nationally acclaimed government study program offers students insight and hands-on experiences in all branches of the federal government, particularly the United States Congress.

Jennifer White of Belleville, a junior at Belleville High School, was among them. She is a member of the chamber orchestra, math club and the environmental lab. Jennifer is also a French tutor and first violinist with the Greater Newark Youth Orchestra. Her participation is sponsored by Hoffmann-La Roche Inc., in Nutley.

"This is an exciting time in our nation's capital," said Kenneth P. Berkowitz, vice president and director of Public Affairs for Hoffmann-La Roche and a member of the National Advisory Council for the Washington Workshops Foundation. "This year's Washington Workshops participants will not only have the opportunity to witness our government at work, but also to experience first-hand one of the tenets that has made our democracy successful for more than 200 years — the smooth transition of political leadership."

The Roche-sponsored students will join approximately 100 others from the United States and abroad for the week-long seminar. Roche, and its subsidiaries, are sponsoring the education program by paying students' tuition, room and board, and travel expenses to Washington, D.C.

Students are selected based on their interest in learning about national and international issues. "Such interest is often demonstrated by active participation in student government offices, related clubs and extracurricular public affairs activities," explained Berkowitz.

During the program, students

will participate in a model Congress and meet with government leaders, White House staff, ambassadors, and members of the Senate and House of Representatives from their home districts. Topics of discussion will include the budget deficit, college student aid legislation, ecological issues and accountability of elected representatives.

Headquartered in Nutley, Hoffmann-La Roche Inc. is the United States affiliate of the multinational group of companies headed by Roche Holding Ltd. of Basel, Switzerland. One of the world's leading research-intensive health care companies, Roche has discovered, developed and introduced numerous important prescription pharmaceuticals. The company is also a major provider of diagnostic products and clinical testing services, home infusion therapy services, vitamins and other products for human and animal nutrition, as well as animal drug feed additives and veterinary products. Recognized for excellence in both biotechnology and traditional chemistry, Roche is also widely known for its current efforts in the commercial development of polymerase chain reaction (PCR) technology, a revolutionary advance in diagnostics and other fields, including biomedical research, forensics and environmental testing.

## 'Let's all be friends'

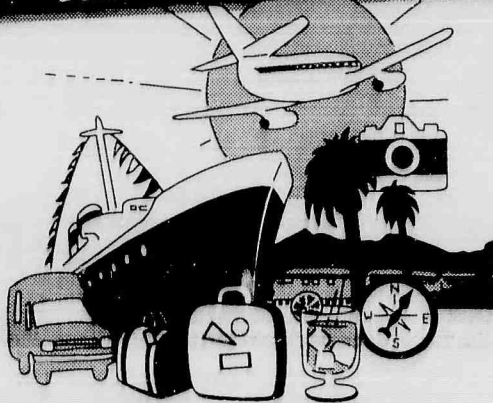
"Let's All Be Friends" is not only a noble sentiment, but also the title of an original story written and illustrated by three ninth grade students at Belleville High School. Wan Yin Chan, Adela Llumpo and Amisha Patel created this story as a project for their class and shared it with the students of Ms. Rinaldi's kindergarten class. At the same time, other teams of budding authors from the high school were sharing their works with different grade levels at the elementary school.

This particular story was a fable containing colorful, animal characters in place of people and, of

course, a moral lesson. The lesson is that, in this life we all need each other; a very timely message indeed, and one with which Aesop himself would have heartily agreed.

The reading of the story to the children was followed by more fun and games with the children. The three girls sang songs with the youngsters like the popular Bamey the Dinosaur song. This was followed by a snack of animal crackers. The morning's events went to the enjoyment and edification of all and Ms. Rinaldi's class eagerly awaits their next visit with students from the high school.

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Pictured above is my mother who along with my disabled father, is one of Belleville's senior citizens. Mom is a homeowner on a fixed income who has a tough time making ends meet. Especially when taxes increase.

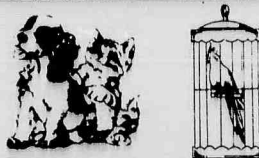
I want to use my business experience and my knowledge as a C.P.A. to insure that she and thousands of other tax payers like her get every penny's worth of value from every dollar Belleville spends on education.

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# FOCUS

# On Health

## The indoor road to fitness

Do you lead a hectic, high-pressure life that leaves little time to care for your physical and mental health? The demands of the modern age have left many of us overburdened, overstimulated, and overindulged. We're victims of that '90s syndrome — stress — and the battery of ills that accompanies it. High blood pressure, nervous exhaustion, ulcers, and well-padded posterior are only a few.

The tensions of 20th-century life aren't likely to disappear. Luckily, there's a treatment (if not a cure) for the afflictions that plague both body and mind: exercise. The benefits of regular physical exercise read like a wonder cure. It eases tension, calms the spirit, and strengthens the body, leaving us better armed to tackle life's challenges.

How can you work a sensible exercise program into an overloaded schedule? People from all walks of life are discovering that having a treadmill at home is the perfect way to get their daily dose of aerobic exercise. Treadmills let us run, jog, or walk in the comfort and safety of home — free from the constraints of time and weather, away from barking dogs, blaring horns, and annoying car calls. A good example of a quality treadmill is the Precor M9.4E/L Personal Treadmill Trainer.

The M9.4E/L has easy-to-use workout programs created specifically for

people who exercise at home. It works like a personal trainer who tests the fitness levels of family members and designs a unique exercise program for each person.

A comprehensive Fitness Test and a custom Weight Loss program, both based on research at the world-renowned Cooper Institute for Aerobics Research, are automatically tailored for each person, from the fittest athlete to someone brand-new to exercise.

When choosing a treadmill, remember that you get what you pay for. Steer clear of discount department stores and mail-order companies that sell inexpensive, inferior equipment. It's rickety, uncomfortable, might lead to injuries, and most certainly will break down. Instead, put on your sweats and visit your local specialty fitness retail store, where you can try high-quality treadmills from reputable manufacturers.

You'll talk with specialists who really understand fitness, weight loss, and exercise. You can discuss your goals for an exercise program and any problems you've had in the past. This personal, one-on-one fitness advice is available only at a specialty fitness store. Look under "Exercise Equipment" in the phone book, or call 1-800-477-3267, to find the specialist in your area.

## More than any other part of the body, hands require special care

Exposed to more sun, water and chemicals than other body parts, hands need special care to look and feel young. The first step in helping hands stay soft, smooth and spotless is environmental protection.

New Nivea Hand Therapy Protective Hand Creme, which protects as it moisturizes, combines broad-spectrum sun protection with therapeutic Vitamin E and rich emollient moisturizers.

The ingredients work together to fight dryness, seal in moisture and keep active hands younger looking.

Now more than ever, dermatologists

are recommending year-round sun protection. When hands are unprotected, wrinkles and age spots are the visible results. The PABA-free sun protection factor of 15 in Nivea Hand Therapy shields and prevents weathered-looking hands by screening out damaging UVA/UVB rays.

The easily absorbed, non-greasy oil-in-water formula helps guard skin against harsh detergents and seals in moisture for long-lasting hydration. Rich in emollients, the creme softens skin. Vitamin E, an anti-oxidant, helps counteract the sun's damaging effects.

## A dentist for children

Can going to the dentist be fun? It can be, through Dr. Vijay Nariani's unique approach to dentistry.

In her office at 710 Ridge Road, Lyndhurst, Dr. Nariani provides a video show about dentistry for her young patients, to reduce the fear and anxieties children might have when approaching the dentist's chair. Such a warm, caring, personalized approach is more fun and games than the common "drill and fill" routine to which many patients have become accustomed.

Dr. Nariani graduated in 1984 from New York University College of Dentistry and specialized in pediatric dentistry in Washington, D.C. She was formerly clinical assistant professor at Fairleigh Dickinson Dental University. She recommends children begin routine dental treatment by age 1, so problems can be detected, treated early, or avoided completely.

When not involved in her work, Dr. Nariani enjoys swimming and gardening. She is married to an engineer. The couple has two children: a daughter, 8, and a son, 6.

Evenings and Saturday hours are available. For more information, call 460-3431.



## Doctors discover watching an aquarium reduces stress, even high blood pressure

Relaxation and relief from stressful situations go hand-in-hand with good health and fitness. This is why your doctor's or dentist's office may have an aquarium.

Now, two doctors at the University of Pennsylvania have proved what many doctors and dentists have known for years: Watching tropical fish in a home aquarium not only is relaxing and a good way to relieve stress, but actually reduces high blood pressure.

Drs. Aaron H. Katcher and Alan M. Beck published the results of their study, entitled "New Perspectives on Our Lives With Common Animals," in the University of Pennsylvania Press.

Not only is a home aquarium enjoyable, entertaining and a good hobby for any family member, it is also a proven benefit to your health.

Owning a home aquarium obviously has many positive benefits. Throughout the U.S., 10 million aquariums are being enjoyed in homes, offices, restaurants and hotels. Undoubtedly you have seen at least one and may have wondered, "How do I or my youngsters (kids love tropical fish and easily get involved in the simple maintenance) get started?"

First, you will want to locate a good dealer in your area. If you have a friend who has an aquarium, ask for a reference; otherwise, the phone book lists most tropical fish retailers.

During your visit to a tropical fish

store, you will want to get some idea of aquarium sizes and of the equipment you will need, and look over the selection of the fish so that you can choose the ones you will want to keep.

It is advisable to purchase a book that provides complete instructions on setting up and maintaining an aquarium.

One basic rule to follow, however, is to buy the largest aquarium possible since, the greater the water environment, the less chance of water problems.

When determining where to put your new aquarium, several factors should be considered. You will not want to put it in direct sunlight since this will cause algae to grow on the glass and plastic accessories. You will also not want to put it on your best carpeting since, during water changes, it is possible for some water to splash on the floor, and you will be sure to want to put it on a firm stand since water is heavy.

After you have decided on the aquarium, your first accessory will be a tightly fitting canopy cover equipped with a fluorescent fixture. Fluorescent fixtures throw off a cool light and will not cause fluctuations in the water temperature.

While on the subject of water temperature, tropical fish require an environment maintained at around 75°F (25°C). You therefore will need a good heater and an aquarium thermometer. A recent development in this technology is the liquid crystal digital thermometer, which affixes

to the outside of the aquarium yet measures most accurately the water temperature.

You will also need a quality filter. Your dealer can give you proper advice since there are several types of filters and your needs will vary with the size of your aquarium. If you are going to keep a lot of fish, you will also want a separate air pump to add oxygen to the water.

Decorating an aquarium is great fun. There are multi-colored gravels, highly decorative backgrounds and hundreds of ornaments, as well as plastic plants so real in reproduction it's almost impossible to distinguish them from live plants.

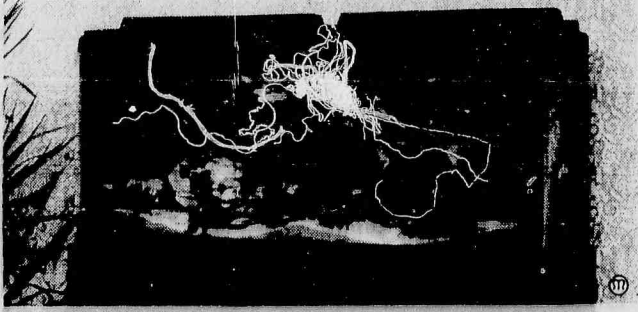
Most good retailers will have a complete assortment and your selection should be based on the size of your aquarium and the amount of money you decide to spend.

Once you have set up your aquarium, you should add a chlorine neutralizer to the water and add only a few fish initially. These few fish will help develop the proper biological conditions necessary to maintain a fully stocked aquarium. After three to four weeks, assuming everything is functioning properly, you can then go ahead and add the rest of your fish.

Aquarium maintenance is a lot simpler than people think. Every two weeks, a partial water change (not greater than 20 percent) by siphoning the water from the bottom of the aquarium is all that is required. A device called the HydroClean, allows an efficient siphoning by separating the debris in the gravel and removing it with the water from the aquarium. On a monthly basis, your filter will require minimal maintenance. That's all there is.

Following this simple routine, chances of fish disease or any other aquarium problems are remote. In fact, one of the biggest problems people have is spending too much time maintaining their aquarium. On a daily basis, of course, fish should be fed and a good quality flake food will provide a complete diet for almost all fish.

Tropical fish are beautiful—they are easy to maintain and provide a lifetime hobby. For more information, write Tetra Sales, 201 Tabor Road, Morris Plains, NJ 07950, for a free full-color starter booklet including information on 30 popular tropical fish.



**BRIGHTEN YOUR HOME** with a colorful, lively aquarium that will provide hours of enjoyment for the entire family. To help you get started, the experts at Tetra are offering an informative, full-color illustrated starter booklet. For a free copy, write Tetra Sales, 201 Tabor Rd., Morris Plains, NJ 07950.

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### Breathe easy this season...

## Survival tips for allergy sufferers

Regardless of where you live, there is no escaping allergies. But don't despair. If you struggle with the seasonal onslaught of a runny nose, itching eyes, scratchy throat and spasms of sneezes, here are a few snuffle-sparing tips to make you breathe easier this season.

• **Limit early morning activities.** Pollen levels are highest during the first hours of the day, so try taking your power walk in the afternoon instead of first thing in the morning.

• **Prevention is the best medicine.** You can't escape nature's course. But you can use the simple, effective over-the-counter allergy symptom relievers available. Plan to use an antihistamine about 30 minutes before going outdoors. An antihistamine will prevent the symptoms from occurring, but should be taken prior to exposure to allergens.

• **Soothe the itch!** For relief of red, itchy, burning eyes caused by allergens,

try using over-the-counter eye drops made specifically for allergies, such as Bausch & Lomb® Maximum Strength Allergy Drops. It contains the highest concentration of redness-relieving naphazoline available without a prescription, as well as a lubricant to soothe the eyes. Eye drops that simply remove the red may make the eye look better, but won't relieve the irritation.

• **Stay cool.** Air-conditioning is one of the easiest ways to escape the outdoor overload of allergens. A simple window unit in one room of your house can provide a refuge of clean, cool, dry air. If you're in your car, keep those windows up!

• **Know your enemy!** Pollens and plants can vary greatly — size, blooming schedule, and season can all have a great effect on allergy sufferers. Before planning your garden, make sure you ask your local nursery about the effect the plants may have on your allergies.

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Saturday & Evening Appointment Available



# Celebrating 125 Years of Service To The Community -

## CLARA MAASS MEDICAL CENTER presents its

### UPCOMING COMMUNITY PROGRAMS

#### CHOLESTEROL SCREENING

Thursday, April 15, 1993; 9:00 am - 1:00 pm; \$6/person; (Call for location)

#### NUTRITION & CANCER PREVENTION

Tuesday, April 20, 1993; 7:00 - 8:30 pm; \$5/person; \$8/couple

- Free colorectal cancer kits will be distributed.

#### GERIATRIC CAREGIVER MEETING

Wednesday, April 21, 1993; 7:00 pm

- Call 450-2280 or 450-2959 for details.

#### COMPREHENSIVE BLOOD SCREEN

Thursday, May 6, 1993; 6:45 - 9:30 am; \$25/person

- Appointments mandatory, and are currently being accepted.

#### SENIOR SAVVY

May 6, 1993 - Hypertension in Seniors & Blood Pressure Screen; 3:30 pm

May 20, 1993 - Stroke Prevention & Hope for the Future; 3:30 pm

- These programs are complimentary.

#### REDUCED RATE MAMMOGRAM PROGRAM

Saturday, May 8, 1993; 9:00 - 11:00 am; Appointments mandatory

- First time mammography patients only, other criteria apply; co-sponsored with American Cancer Society.

#### PARENT EDUCATION PROGRAMS

(Call 450-2929 for details or to register)

##### • WELCOME BABY SIBLING CLASS

Saturday, April 18, 1993; 10:00 - 12 Noon; \$15/family

##### • POSITIVE PREGNANCY FITNESS CLASS

Thursdays, May 6, 1993; 7:00 - 9:00 pm; \$40/four class session

To register for these programs, call Clara Maass Community Services at 450-2213.

To receive our Community Benefits Spring 1993 Schedule of Programs call  
1-800 CLARA MAASS.



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# EVENTS IN THE AREA

## Support Groups...

**Narcotics Anonymous** meeting list: **BELLEVILLE:** Monday, 8 p.m., Fewsmith Presbyterian Church, Union Ave. and Little St. Openbook/discussion meeting; **Tuesday, 8 p.m.,** Clara Maass Medical Center, 1 Franklin Ave., Branch Brook Room, Education Center. Men's meeting. Open/discussion; **Thursday, 8 p.m.,** Fewsmith Presbyterian Church, Union Ave. and Little St. Openbook/discussion meeting; **Friday, 8 p.m.,** St. Peter's Church, rear basement, Williams St. Open/discussion. **NUTLEY:** Monday, 7:30 p.m., St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place. Closed speaker/discussion meeting. Open to addicts and those who think they have a problem with drugs; **Tuesday, 7:30 p.m.,** Grace Episcopal Church, 200 Highfield Lane. Women's meeting. Topic meeting/open discussion; **Wednesday, 8 p.m.,** Grace Episcopal. Closed speaker/discussion. Open to addicts and those who think they have a problem with drugs.

**Drug addicts,** 7:30 p.m. Wednesdays, Christian Faith Center, 393 Washington Ave., Belleville.

**Catastrophic illness support group,** 6 to 7:30 p.m. first and third Tuesdays, The Hospice, 34 Label St., Montclair. Separate sessions for families and patients. For more information, call 783-7879.

**New Jersey Chapter of NAAFA** (National Association to Advance Fat Acceptance, social events, human rights information, monthly newsletter. For more information, write P.O. Box 110203, Nutley, 07110 or call 667-2957.

**Overeaters Anonymous,** self-help group for compulsive overeaters or people with eating disorders, 8 p.m. Tuesdays, Presbyterian Church on the Green Parish House, Broad St., Bloomfield (7:30 to 9 p.m.); **Wednesdays,** Christ Church, Park and Bloomfield avenues (opposite Grand Union), Bloomfield (8 p.m.). For more information, call 746-4658; **Thursdays,** Grace Episcopal Church, 200 Highfield Lane, Nutley (7 p.m.).

**Living With Cancer,** for cancer patients and their families, 7 to 9 p.m. third Wednesdays, Mountainside Hospital, Montclair. 429-6140 or 429-6128.

**Recovery Inc.,** a community mental health self-help group for persons who suffer from nervous symptoms and fears, 7:30 p.m. Wednesdays, Parks Dept., 44 Park Ave., Nutley. For free literature, call (908) 766-7466.

**Make Today Count,** a support group for patients and families dealing with cancer and other life-threatening illnesses, 10:30 to 11:30 a.m. second Tuesdays, first floor of Continuing Care Center building at Clara Maass Medical Center, Belleville. For more information, call 450-2210.

## For singles only...

**O.N.E.S.,** a ministry to single, divorced and widowed persons under the Session of Bethany Presbyterian Church. Non-sectarian. Bring \$5 or food item of equal value for buffet. For information, call 777-2157, 667-5956 or 667-2640 or the church office weekdays 9 a.m. to noon. Next meeting: April 18.

**ACTS,** a young adult Catholic singles group for ages 21 to 35. For information, call 759-9194.

**Ballroom dance social,** 8 p.m. Mondays, Temple B'nai Israel, 192 Centre St., Nutley. Singles and couples. \$5 includes instruction, refreshments.

**Mix and Mingle,** for separated, divorced men and women 45 plus, 7 p.m. second Tuesdays, Parsippany Library, 232 Parsippany Road. \$3. For information, call 428-649.

## Meetings...

**Friendly Visitors volunteers,** 2 to 4 p.m. April 22, Fewsmith Memorial Presbyterian Church, 444 Union Ave., Belleville. Program: guest speaker on AARP's Health Care Reform package to be presented to President Clinton. Interested men and women invited to attend.

**Belleville-Nutley Chapter of Hadassah,** 10 a.m. April 25, downstairs community room, Valley National Bank, Franklin Ave., Nutley. Celebration of Israel's 45th anniversary of independence.

**Women's Auxiliary Lions Club of Nutley,** seeking new members. 7 p.m. first Thursday, Meyer's Bakery, Nutley. For more information, call Betty Lazur at 667-9127 or Louise Beck at 661-2906.

**Belleville Kiwanis Club,** 6:30 p.m. Thursdays, Branch Brook Manor, Washington Ave., Belleville. For membership information, call Nino Bucciarelli at 751-2110 or Vinnie Sorrentino at 759-6475.

**Court Gratia, Court 751, CDA,** Nutley Amvets Post 30, 184 Park Ave. April 19: scholarship event; April 22: Atlantic City bus ride.

**Chess players,** 7 to 11 p.m. Fridays, Bloomfield Civic Center, 84 Broad St. Chess tournaments first Fridays with trophies. Special section for children 6-14. For information, call Arkady Geller at 483-7927.

**St. Mary's Youth Group,** 8 to 10 p.m. Thursday nights, St. Mary's School gym, Msgr. Owens Place, Nutley. For those in the 8th grade or older.

**Tri-County Camera Club,** 8 p.m. Tuesdays, Nutley Historical Museum, 65 Church St. For more information, call 761-5591 or 667-3740. April 20: Westchester International Nature Salon show; April 27: PSA Contemporary Inter Club competition.

**American Legion Auxiliary Nutley Unit 70,** 8 p.m., second Monday (except Jan.), Nutley post home, 45 Franklin Ave.

**Essex Salon Eight of the Eight and Forty,** 8 p.m. third Monday, 45 Franklin Ave., Nutley.

**Essex County American Legion auxiliary,** 8 p.m. second Thursday (except Jan.), 45 Franklin Ave., Nutley.

**White Eagle Unit 448,** American Legion Auxiliary, fourth Monday, 41 Broughton Ave., Bloomfield.

**Optimist Club of Belleville,** 6:30 p.m. Thursdays, Branch Brook Manor, Washington Ave. For membership information, call Gabe Nazzola at 997-2121 or Emil Nardachone at 450-8883.

**Nutley Junior Woman's Club,** 8 p.m. first Mondays, 216 Chestnut St. For membership information, call Debi at 661-1340.

**AARP Chapter 57, Bloomfield,** 1 p.m. second Wednesdays, Bloomfield Civic Center, 84 Broad St. Refreshments available 11:30 a.m. to 12:30 p.m. Community Service/Craft Guild meetings 1 p.m. first Thursdays.

**Bloomfield Senior Citizens' Association,** April 22: white elephant sale; May 20: trip to Ye Cottage Inn, Keyport; June 13-17: trip to Wildwood Crest. Also, weekly knitting, crocheting and liquid embroidery classes. 84 Broad St.

## Fairs, flea markets, rummage...

**Annual rummage sale,** 10 a.m. to 3 p.m. April 17, St. Paul's Congregational Church, Franklin Ave. at St. Paul's Place, Nutley. Clothes, bric-a-brac, toys, household items, linens, furniture. Bag sale last hour.

**Yard sale to help homeless pets,** 9 a.m. to 5 p.m. April 17 (rain date April 24), 57 Church St., Nutley (off Franklin Ave., near Nutley High School). Proceeds to People for Animals. Donations needed. Call 751-2403.

**Giant outdoor flea market,** 9 a.m. to 5 p.m. April 18, Lyndhurst High School, Fern and Weart aves., off Valleybrook Ave. Over 100 quality vendors.

**Rummage sale,** 7 to 9 p.m. April 22, 9 a.m. to 2 p.m. April 23, Bethany Lutheran Church, Joralemon and New streets, Belleville. Bag sale.

**Sports card show,** 9 a.m. to 5 p.m. May 1, Nutley Elks Lodge, 252 Chestnut St. Dealers wanted. Tables, \$35. To benefit handicapped children. Call Mike at 661-3783. \$1 admission, kids under 7 free.

**Flea market,** 9:30 a.m. to 5 p.m. May 15, Sacred Heart Parish Hall, Park Ave. and Ridge St., Newark. Dealers welcome. For tables at \$12 indoor, \$15 outdoor, call Flo at 565-5849 or 484-4600.

## Fundraisers...

**Fish and chip dinner,** catered by Argyle, April 16, St. Peter's School cafeteria, 152 William St., Belleville. Sponsored by Rosary Confraternity. Takeouts 4:30 to 5 p.m.; dinner served 5 to 7 p.m. \$8. For tickets, call 751-0813 or 759-9019.

**Fish and chip dinner,** 5 to 7 p.m. April 17, Park United Methodist Church, Park and Broad sts., Bloomfield. Adults, \$8; children, \$5. For information, call 338-9166 or 429-7745.

**Chinese auction,** 1:30 p.m. April 18, Clifton Boys' and Girls' Club, 802 Clifton Ave. \$5 at the door or \$4 in advance. Kids under 5 free, all others full price. Includes Viennese dessert table, one entry ticket for award and 25 starter chances. For tickets or information, call Sue Elmer or Mildred Daley at 470-8090. To benefit DIAL, a non-profit agency servicing children and adults with disabilities.

**Stepping into Springtime fashion show,** 7 p.m. April 21, Clifton Jewish Center. \$15. Reservation deadline Apr. 2. Call 523-2922, 779-3017 or 772-3131.

**Chinese auction,** 8 p.m. April 23, Our Lady of Mt. Carmel parish hall,

Prospect and Harrison streets, Nutley. \$3 includes admission and auction tickets.

**Chinese auction,** 7 p.m. April 23, St. Valentine's Church auditorium, Bloomfield. \$5. Sponsored by Altar Rosary Sodality. For more information, call Emily Bajek at 748-0613, Eleanor Thomas at 338-0086 or Claire Graziano at 338-5414.

**Annual spring card party,** 7 p.m. April 23, Immaculate Conception Church hall, 372 Woodside Ave., Newark. \$8 includes refreshments. For tickets, call 482-0619.

**Italian dinner,** sponsored by Nutley AMVETS auxiliary, 7:30 p.m. April 23, AMVETS Post, 184 Park Ave. \$15. Music and dancing. For information, call Fay at 235-9385 or Mary at 751-4417.

**Chinese auction,** 6:30 p.m. April 23, school cafeteria, Immaculate Conception High School, 258 Main St., Lodi. \$3 at the door.

**"et Me in St. Louis,"** 8 p.m. April 23, 24, Lacordaire Academy, 155 Lorraine Ave., (corner Park St.), Upper Montclair. \$5. For ticket information, call 744-1156 9 a.m. to 3 p.m.

**Spring Serenade fashion show/luncheon,** noon, April 24, The Manor, West Orange. Sponsored by Suburban-Essex Chapter of the Professional Secretaries International. Scholarship fundraiser. For information or tickets, call Geraldine Blasi at 761-6254.

**50s dance,** to benefit American Legion baseball team, 7 p.m. April 24. For details, call Post 70, Nutley, at 235-9663.

**Chinese auction,** 1:30 to 3:30 p.m. April 25, YWCA, 159 Glenridge Ave., Montclair. Items and services. Free refreshments. Sponsored by Unity in Montclair. For information, call 746-8417.

**Benefit concert for Franklin Reformed Church Afterschool Program,** 3 p.m. April 25, sanctuary, Franklin Reformed Church, 45 Hillside Crescent, Nutley. Featuring pianist Mark Schifert and harpist Raphael Rudd. Adults, \$7.50; senior citizens, \$6.50; students, \$4. Reservations to 667-7055. At the door tickets: adults, \$8.50, senior citizens, \$7.50 and students, \$5.

**Bus excursion to South Street Seaport and Liberty State Park,** April 26. Bus leaves Community Mental Health Services complex, Franklin Ave., Belleville, 8:30 a.m., returns 5 p.m. \$22.50. Parking available. For reservations, call 450-3135. Sponsored by Friendly Visitors Program.

**Dinner, fashion show,** April 27, Mayfair Farms, West Orange. Sponsored by Columbus Hospital. \$35. For information or reservations, call Diane Chmiel at 268-1472.

**First annual spring fashion show and dinner,** sponsored by Benedetto Croce Women's Educational Society, 6:30 p.m. April 29, Chandelier, 340 Franklin Ave., Belleville. \$35.

**Greek festival,** 5 p.m. to midnight April 30, 1 p.m. to midnight May 1, 12:30 to 7 p.m. May 2, St. George Greek Orthodox Church, 818 Valley Road, Clifton (junction routes 3 and 46). Food, handicrafts, entertainment, dancers, pastries and more. \$1 admission.

**Tricky tray Chinese auction,** May 13, Sacred Heart School, Bloomfield. \$8. Theme: Circus, Circus. No tickets at the door. Call 743-4015 for information.

## Other events...

**Nutley Adult School one night seminars,** April 19: Deal More Effectively With Others, 7 to 10 p.m., \$28; April 19: Colors for Success: Men and Women, 6:30 to 8:15 p.m. or 8:15 to 10 p.m., \$33.

**25th annual spring show,** sponsored by African Violet Society of North Jersey, 3:30 to 8 p.m. April 16; 9:30 a.m. to 3 p.m. April 17, St. John's Lutheran Church, 810 Broad St., Clifton. Plants for sale.

**Week of the Young Child party and concert,** 3 to 4 p.m. April 21, League for Family Service Family Day Nursery, 224 Broad St., Bloomfield.

**Concert by Jr. Symphony of Essex,** 3 p.m. April 25, Nutley High School, 300 Franklin Ave. Doors open 2:30 p.m. Presented by Nutley Symphony Society. No tickets. Free will offering. Bach, Beethoven, Bizet, Mozart, Verdi.

**County-wide workshop on Special Education Laws and You — Parents Rights and Responsibilities,** 7 to 9 p.m. April 28, Bloomfield Civic Center, 84 Broad St. Presented by Statewide Parent Advocacy Network (SPAN), hosted by Bloomfield Association of Special Education (BASE). \$5 donation to cover cost of training material. Advance registration required.

**Free health screenings,** Montclair Community Hospital, 120 Harrison Ave., Montclair. Appointments mandatory. Call 744-7300 ext. 4296, 10 a.m. to 2 p.m. Monday through Friday. To arrange on-site screening at place of business, call Marie Oropollo at 746-4644.

**CPR classes,** Nutley Chapter, American Red Cross, 169 Chestnut St. CPR: \$45; recertification: \$20; CPR and first aid combo: \$65. CPR: 7 to 10 p.m. May 4, 11, 18 or May 6, 13, 20 or June 3, 10, 17; CPR and standard first aid: 7 to 10 p.m. June 1, 8, 15, 22, 29; Recertification: 7 to 10 p.m. May 5 or June 2. Pre-registration required. Call 667-3818 9 a.m. to noon and 1 to 4 p.m.

**Weekly duplicate bridge games,** sponsored by Bloomfield Recreation Commission, 12:30 p.m. Tuesdays, 7:30 p.m. Fridays, Bloomfield Civic Center, 84 Broad St. Partner provided if necessary.

**Eighth annual reunion U.S.S. Kankakee AO39,** June 3-7, Reno, Nevada. For details, write Roy Stewart, 523 Mockingbird Drive, Long Beach, MS, 39560 or call (601) 864-3010.

**Amateur radio license examinations,** 7 p.m. fourth Tuesdays, Bloomfield Civic Center, 84 Broad St. Walk-ins O.K. For information, contact Carl, WA2BXQ3388357.

## Class reunions...

**Bloomfield 1963,** 1-800-22-CLASS.

**Bloomfield June 1943,** Helen Flannery, 66 Bloomfield High School, 160 Broad St., Bloomfield, 07003.

**Nutley 1983,** November 1993. For information, call Danny Geltrude, 661-1636; Ellen Travers, 661-2815; Jodi Mastronardi, 272-9665; Jeanette Paterno, (908) 852-3888; Joy Tolve, 284-1942 or Sandy Paterson, 661-0684.

**Nutley 1943,** planning 50th reunion Oct. 23. Classmates who have moved in the last five years or who have addresses for out-of-state classmates, contact Leanne O'Brien Falk, 47 Freeman Place, Nutley, 07110-3369.

**Nutley 1953,** 7:30 p.m. Nov. 6, the Fairmont, Little Falls. For information, contact Audrey Libirizzi, 65 Hastings Ave., Nutley, 07110.

# Gingers

A NEW KIND OF CLUB

COMING SATURDAY  
April 17th

Johnny Maestro &  
Brooklyn Bridge



Doors Open at 8:00pm  
Dollar Drink Specials

Saturday April 24  
Duprees

MAY

Saturday May 1  
Infernos

Saturday May 8  
Coasters

Saturday May 15  
Vito/Salutations

Saturday May 22  
Just Us

751 Washington Ave. Belleville

FOR INFORMATION OR DIRECTIONS

CALL: (201) 450-1998



## Stork Club

### Amanda Elizabeth Tatarian

A first child, a daughter, Amanda Elizabeth, was born to Mr. and Mrs. Charles Nishan Tatarian of Belleville March 23 at Mountainside Hospital, Montclair. Birth weight was 5 pounds, 11 ounces.

Mrs. Tatarian is the former Eileen Kelly, daughter of Mr. and Mrs. John Goleboski of Edison. Mr. Tatarian, son of Mr. and Mrs. Nishan Tatarian of River Edge, is an electronic technician with KDI Electronics, Whippany.

### Jaime Skye D'Onofrio

A second child, a daughter, Jaime Skye, was born to Mr. and Mrs. Kenneth D'Onofrio of Kearny Dec. 14 at Mountainside Hospital, Montclair. She joins a sister, Jessica.

Mrs. D'Onofrio is the former Bonnie Cairo, daughter of Mr. and Mrs. Albert Cairo of Nutley. Mr. D'Onofrio is the son of Mr. and Mrs. Angelo D'Onofrio of Bloomfield.

### Domenico Paldino

A first child, a son, Domenico, was born to Mr. and Mrs. Dominic Paldino of Belleville March 7 at Clara Maass Medical Center, Belleville. Birth weight was 7 pounds, 7 ounces.

Mrs. Paldino is the former Josephine Procopio, daughter of Mr. and Mrs. Francesco Procopio of Belleville. She is a store manager for Merry-Go-Round Etns. Mr. Paldino, son of Mr. and Mrs. Nino Paldino of Nutley, is the owner of Algieri's Pizzeria, Belleville.

### Zachary Ryan Oliver

A second child, a son, Zachary Ryan, was born to Mr. and Mrs. Frank Oliver of Belleville April 2 at Clara Maass Medical Center, Belleville. Birth weight was 5 pounds, 13 ounces. He joins Frank 20 months.

Mrs. Oliver is the former Wanda Posada, daughter of Mr. and Mrs. Mario Posada of Belleville. She is in accounts payable with Securities Data. Mr. Oliver, son of Mr. and Mrs. Nelson Oliver of Belleville, is a service technician with Gordon & Thomas.

## Jennifer Fernicola named DAR 'Good Citizen'

Daughters of the American Revolution recently honored high school students with its "Good Citizen Award" at an awards day luncheon at Rutgers University.

Jennifer Fernicola of Belleville High School, Alex D'Amico of Nutley High School and Nicole Campbell of North Arlington High School were sponsored by Yantacaw Chapter DAR of Nutley.

The award, presented to a high school senior, is based on home, high school, church and community activities and a display of high academic standing.

Fernicola, daughter of Pat and Millie Fernicola, is a member of Key Club; a co-founder of the Environmental Club and a member of the National Honor Society. She is a sign language translator and attended the World Peace Camp in Maine in 1991, the Rotary Youth Leadership Awards weekend and the Leadership Training Camp in 1992, sponsored by the Student Government Association.

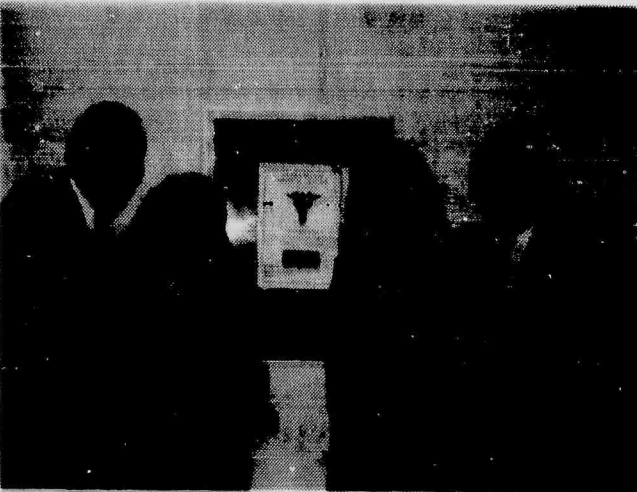
She has also been involved in the program, "Peers Educating Peers" regarding substance abuse and



Jennifer Fernicola

AIDS. She plans to attend college and law school.

Over 100 students from various schools around the state attended the luncheon. Good Citizens received certificates and pins from Carol H. Wever, New Jersey state regent. Chapter Regent Marguerite M. Cox represented Yantacaw Chapter.



**DOCTORS HONORED** — Physicians at Clara Maass Medical Center were honored recently with boutonnieres on Doctors' Day. On hand to do the honors were, from left, Mrs. Philip Rispoli and Mrs. Mario Criscito. Among the doctors honored were Dr. Edwin Gevirtz, left and Dr. Mario Criscito.

**SUPERIOR PRIVATE CATHOLIC  
EDUCATION SINCE 1920  
LACORDAIRE  
IN UPPER MONTCLAIR**

**PRE-K TO 8, COED • 9 TO 12, ALL GIRLS  
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Mr. and Mrs. Dante Pasquale — nee Michele Pontrelli

## Michele Pontrelli bride of Dante Pasquale

Michele Pontrelli, daughter of Vito Pontrelli of Nutley and the late Joyce Pontrelli, was married March 12 to Dante Pasquale, son of Mr. and Mrs. Bartolomeo Pasquale of Belleville.

Rev. Pasquale Papalia performed the ceremony in Holy Family Church, Nutley. A reception followed at Westmount Country Club, West Paterson.

Escorted by her father, the bride wore a taffeta gown fashioned with a boat neckline and dropped waist with peplum. A pearl, sequin and crystal headpiece held her veil and she carried calla lilies.

Laura Matarazzo of Clifton was maid of honor. Bridesmaids included the bride's cousins, Suzanne Gamba of West Orange, Lisa Trainor of Chatham, Mass. and Diana Petrozzino of Verona, and her sisters-in-law, Lisa Pontrelli of Butler, Gina Pasquale of Belleville and Manuela Gonnella of Newark.

The couple honeymooned in Aruba and have made their home in Bloomfield.

white crepe suits with chiffon drape and carried white French tulips.

Pompeo Pasquale of Belleville served as best man. Ushering were the groom's cousins, Nick Trasente of Newark and Dino Trasente of Syracuse, N.Y., the bride's brothers, Victor Pontrelli of Nutley and John Pontrelli of Butler and Gary Madera of Newark and William Doherty of Boca Raton, Fla.

The groom's mother chose a black and white taffeta and satin suit and had a corsage of white roses.

Mrs. Pasquale, an alumna of Nutley High School and Montclair State College, is an elementary school teacher with the Newark Board of Education.

Mr. Pasquale, a graduate of Belleville High School, is a Belleville police officer.

The couple honeymooned in Aruba and have made their home in Bloomfield.



**MARNI** is a lovable two-year old honey-colored spayed female who was hit by a car and left to die. She is fully recovered except that she is incontinent and must wear doggie diapers indoors. To adopt or foster Marnie, call (908) 241-4954 or 355-6374. A gigantic yard sale to benefit Marnie and other People for Animals dogs and cats will be held 9 a.m. to 5 p.m. April 17 at 57 Church St., Nutley.

**EXERCISE**

Does Your Heart Good.

American Heart Association

**We're On The Move!**

**EFFECTIVE FEBRUARY 8, 1993  
NUTLEY TRAVEL  
SERVICE, INC.**

**HAS MOVED!**

**to  
399 W. Passaic Ave., Bloomfield  
(at four corners where Nutley,  
Clifton and Bloomfield meet!)**

**235-1234**

Just visit our new office and you  
can register to **WIN!**

**Travel Gift Certificates of  
\$800 - \$200 - \$100**

## Kids learn responsibility by helping with laundry

"Mom, where are my socks?" Having responsibility for certain household tasks gives children decision-making experience. When the task is related directly to the child's comfort, the experience is even more meaningful.

Take, for example, laundry. School-age children can learn management techniques by becoming involved in the process of helping with laundry. Dispel immediately the idea that clean clothes arrive by magic in their closets and drawers.

Children can empty their own pockets and sort their soiled clothes into small plastic baskets or hampers according to wash loads. This system helps the person who does the actual washing and drying.

For younger children, clean clothes can be folded into a basket or hung on hangers by the adult who does the laundry. Older children can receive a basket of their unfolded clean clothes. It's up to the children to decide if they will fold the clothes and put them in their drawers, or if they will hastily shuffle through the basket every time they need an item. The basket

can be left in the child's closet, leaving the room looking neat.

If there are several children in the family, there should be a marking system to identify their own clothes. One family, using a marking pen, puts an "X" on the oldest child's clothing. When that item is passed along to the next child, an "X" is added so that the clothes for this child are all marked "XX." A third child's clothing is marked "XXX."

Parents don't have to do much supervising because the penalties and rewards of children's actions are a result of natural consequences. The uncooperating child automatically suffers the penalty of having little to wear. A child's reward for accepting responsibility for his or her own laundry is having a choice of clean clothes when they are needed. What a learning experience.

(Help-A-Saurus is an educational program for parents by Rutgers Cooperative Extension. The above article was written by Sylvia F. Griffin, Ed.D., C.H.E.)

**ADVERTISE!**



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ENJOY INSTANT  
SAVINGS WITH  
THIS CARD...



**BIG  
SAVINGS**

# 40% OFF\*

## ALL BONELESS BEEF ROASTS

EVERY U.S.D.A. CHOICE BONELESS BEEF ROAST IS DEEP-DISCOUNTED AT 40% OFF



\*1" STONE PAPER DISCOUNT REFLECTS 40% DISCOUNT

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NO COUPONS  
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JUST PRESENT YOUR  
GRAND SAVINGS PLUS CARD  
AT CHECK-OUT AND START  
SAVING INSTANTLY!



PRICE  
GOOD THRU  
SAT. APR. 17, 1993



Assorted Flavors - Non-Fat Yogurt  
or Fat Free or Regular  
**Sealtest  
Ice Cream**  
Sale Price...\$2.19

YOU SAVE  
30¢

**1.89**  
Half Gal.  
Cont.

FINAL COST LIMIT-ONE

PRICE  
GOOD THRU  
SAT. APR. 17, 1993



Macintosh, Empire or  
**Red Delicious  
Apples**  
Sale Price...\$1.49

3-Lb. Bag

YOU SAVE  
50¢

**99¢**

FINAL COST LIMIT-ONE

PRICE  
GOOD THRU  
SAT. APR. 17, 1993



Nabisco - Chewy, Sprinkles, Striped or Regular  
**Chips Ahoy  
Cookies**  
Sale Price...\$2.39

YOU SAVE  
40¢

**1.99**  
14.5-oz. to  
18-oz. Pkgs.

FINAL COST LIMIT-ONE

## PLUS: THIS WEEK'S SUPER COUPONS!

### SUPER COUPON

In Water or Oil (640)  
**Star-Kist  
Solid White Tuna**

One  
6.12-oz.  
Can **99¢**

No Minimum Purchase Required With This Coupon. Good  
April 11 Thru April 17. Limit One Coupon Per Family.



### SUPER COUPON

Beige, White, Blue, Pink or Yellow (642)  
**Scottissue  
Bath Tissue**

5 **2.00**  
1,000  
Sheet  
Rolls

No Minimum Purchase Required With This Coupon. Good  
April 11 Thru April 17. Limit One Coupon Per Family.



### HALF PRICE SUPER COUPON

Barbecue, George Crum Rippled,  
Lightly Salted, No Salt or Classic (644)  
**Saratoga  
Potato Chips**

One  
6-oz. to  
7-oz. Bag **1/2  
69¢**

No Minimum Purchase Required With This Coupon. Good  
April 11 Thru April 17. Limit One Coupon Per Family.



### SUPER COUPON

Breakfast Cereal (641)  
**Kellogg's  
Corn Flakes**

One  
18-oz.  
Box **99¢**

No Minimum Purchase Required With This Coupon. Good  
April 11 Thru April 17. Limit One Coupon Per Family.



### SUPER COUPON

Chilled - Regular or Homestyle Orange Juice (643)  
**Tropicana  
Pure Premium**

One  
Half Gal.  
Carton **1.99**

No Minimum Purchase Required With This Coupon. Good  
April 11 Thru April 17. Limit One Coupon Per Family.



### SUPER COUPON

Regular or Diet - Slice, Caffeine Free Pepsi, Mt. Dew,  
Coke, Diet Coke, Diet Pepsi, Diet 7, Diet 10, Diet 12, Diet 15, Diet 18, Diet 20, Diet 24, Diet 30, Diet 36, Diet 42, Diet 48, Diet 54, Diet 60, Diet 66, Diet 72, Diet 78, Diet 84, Diet 90, Diet 96, Diet 102, Diet 108, Diet 114, Diet 120, Diet 126, Diet 132, Diet 138, Diet 144, Diet 150, Diet 156, Diet 162, Diet 168, Diet 174, Diet 180, Diet 186, Diet 192, Diet 198, Diet 204, Diet 210, Diet 216, Diet 222, Diet 228, Diet 234, Diet 240, Diet 246, Diet 252, Diet 258, Diet 264, Diet 270, Diet 276, Diet 282, Diet 288, Diet 294, Diet 300, Diet 306, Diet 312, Diet 318, Diet 324, Diet 330, Diet 336, Diet 342, Diet 348, Diet 354, Diet 360, Diet 366, Diet 372, Diet 378, Diet 384, Diet 390, Diet 396, Diet 402, Diet 408, Diet 414, Diet 420, Diet 426, Diet 432, Diet 438, Diet 444, Diet 450, Diet 456, Diet 462, Diet 468, Diet 474, Diet 480, Diet 486, Diet 492, Diet 498, Diet 504, Diet 510, Diet 516, Diet 522, Diet 528, Diet 534, Diet 540, Diet 546, Diet 552, Diet 558, Diet 564, Diet 570, Diet 576, Diet 582, Diet 588, Diet 594, Diet 600, Diet 606, Diet 612, Diet 618, Diet 624, Diet 630, Diet 636, Diet 642, Diet 648, Diet 654, Diet 660, Diet 666, Diet 672, Diet 678, Diet 684, Diet 690, Diet 696, Diet 702, Diet 708, Diet 714, Diet 720, Diet 726, Diet 732, Diet 738, Diet 744, Diet 750, Diet 756, Diet 762, Diet 768, Diet 774, Diet 780, Diet 786, Diet 792, Diet 798, Diet 804, Diet 810, Diet 816, Diet 822, Diet 828, Diet 834, Diet 840, Diet 846, Diet 852, Diet 858, Diet 864, Diet 870, Diet 876, Diet 882, Diet 888, Diet 894, Diet 900, Diet 906, Diet 912, Diet 918, Diet 924, Diet 930, Diet 936, Diet 942, Diet 948, Diet 954, Diet 960, Diet 966, Diet 972, Diet 978, Diet 984, Diet 990, Diet 996, Diet 1002, Diet 1008, Diet 1014, Diet 1020, Diet 1026, Diet 1032, Diet 1038, Diet 1044, Diet 1050, Diet 1056, Diet 1062, Diet 1068, Diet 1074, Diet 1080, Diet 1086, Diet 1092, Diet 1098, Diet 1104, Diet 1110, Diet 1116, Diet 1122, Diet 1128, Diet 1134, Diet 1140, Diet 1146, Diet 1152, Diet 1158, 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Diet 2256, Diet 2262, Diet 2268, Diet 2274, Diet 2280, Diet 2286, Diet 2292, Diet 2298, Diet 2304, Diet 2310, Diet 2316, Diet 2322, Diet 2328, Diet 2334, Diet 2340, Diet 2346, Diet 2352, Diet 2358, Diet 2364, Diet 2370, Diet 2376, Diet 2382, Diet 2388, Diet 2394, Diet 2400, Diet 2406, Diet 2412, Diet 2418, Diet 2424, Diet 2430, Diet 2436, Diet 2442, Diet 2448, Diet 2454, Diet 2460, Diet 2466, Diet 2472, Diet 2478, Diet 2484, Diet 2490, Diet 2496, Diet 2502, Diet 2508, Diet 2514, Diet 2520, Diet 2526, Diet 2532, Diet 2538, Diet 2544, Diet 2550, Diet 2556, Diet 2562, Diet 2568, Diet 2574, Diet 2580, Diet 2586, Diet 2592, Diet 2598, Diet 2604, Diet 2610, Diet 2616, Diet 2622, Diet 2628, Diet 2634, Diet 2640, Diet 2646, Diet 2652, Diet 2658, Diet 2664, Diet 2670, Diet 2676, Diet 2682, Diet 2688, Diet 2694, Diet 2700, Diet 2706, Diet 2712, Diet 2718, Diet 2724, Diet 2730, Diet 2736, Diet 2742, Diet 2748, Diet 2754, Diet 2760, Diet 2766, Diet 2772, Diet 2778, Diet 2784, Diet 2790, Diet 2796, 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# Belleville

# SPORTS



Before we start, a note to my former friend, Ignats. Look up the word rude in the dictionary and apply it to yourself before deciding that it's fashionable to blame your arrogance and misery on other people.

I know that that may be over your head, so find someone to "express your feelings" to and stop wasting my time with your ridiculous questions.

WITH THAT ASIDE, time to talk about Belleville sports.

Carl Corino should reach the 300 victory plateau sometime this week. Perhaps the milestone was achieved yesterday (Wednesday) in a home game against Clifton. If not, then tomorrow's game with Bloomfield could be the record breaking game.

As usual, Corino is taking a low keyed approach about this monumental occasion. He would rather it be kept to a minimum, and while I respect that, it's not often that a coach attains 300 wins.

In Belleville, it's never been done. Karen Fuccello won over 200 games while coaching girls' basketball at BHS from 1971-1992. Around our area, Jim White won over 300 games as boys' soccer coach at Bloomfield and has added an additional 200 plus victories as the girls' basketball coach.

Chances are White could earn over 600 coaching victories and post 300 plus wins in soccer and girls' basketball.

At Belleville, Corino has accomplished something that may not be duplicated for many years. It's indeed a tremendous accomplishment, and to consider it's been done in just 13 plus seasons is an additional testimony to this man's talent as a head coach.

Corino first took over as coach of the team in 1980. Since his wife, Eve was the coach prior to '80, it's safe to say the transition was rather smooth.

In his first year as coach, the team won 20 games and advanced to the county championship game for the first time. It was also the first time the team reached the 20 win plateau.

Over the next 12 years, Corino's teams have won 20 or more games ten times. The only two years the team missed the mark was in 1981 (18-8) and in 1991 (16-12). Ironically, in both seasons after the non 20 win campaign, the Lady Bucs posted outstanding records. The '82 club was 24-2-2 and the '92 team finished 25-5.

This year's team is off to a 4-1 start and is favored to do well. However, the schedule is going to be very difficult, with Immaculate Heart, Nutley, Paramus and Paramus Catholic scheduled twice along with out of league games at Ridgewood later this season and an appearance in a tournament next week at Whippany Park.

This is truly an outstanding accomplishment, and Corino deserves all the praise and recognition in the world for reaching 300 wins.

## HARVEY TO BE HONORED AT MAYFAIR FARMS

The Essex County chapter of the National Football Foundation and Hall of Fame will honor 27 high school students from Essex County at the 28th annual Scholar-Athlete dinner set for April 29 at the Mayfair Farms in West Orange. The dinner commences at 6:30 p.m.

These outstanding young men have been selected by their football coaches and principals, not only for their football abilities but also for their accomplishments in the classroom and their demonstrations of positive school leadership, character and citizenship.

Brian Harvey is Belleville's honoree at this year's dinner. A senior, Harvey is a top student and made some significant contributions to the Buc football team last fall.

He was a fine wide receiver and also played very well on the defensive side of the ball. Harvey also held for field goal and point after kicks.

Tickets for the affair are \$30.00 per person. Reservations can be made by sending a check, made payable to the Essex County Chapter N.F.F. to Peter P. Horn, 265 Prospect Avenue, West Orange, N.J. 07052. The phone number, if you have any additional questions, is (201) 731-4000.

## BRUIN SPONSORSHIP

The Belleville Bruins will hold tryouts this Sunday and next Sunday, April 25 at the varsity baseball field at Belleville High School.

Tryouts are from noon to 3 p.m. on both days. The Bruins rejoined the Essex County Baseball League (ECBL) after a seven year hiatus.

Interested persons should contact Emil Nardach-

(continued on page 14)

## Landon homers in opener

# Baseball team off to 2-1 start

By Mike Lambert

With little more than an intra squad game in its pre season agenda, the Belleville baseball team began the 1993 season with some success last week.

Nick Grande's squad downed Paterson Eastside 7-3 and Barringer 8-1 before falling to Montclair 12-3.

The Bucs battled Ridgewood and Clifton earlier this week. Tomorrow evening, it's off to Bloomfield for a 7 p.m. contest at Foley Field. Take note of the special starting time.

On Monday, Bergen Catholic comes to Belleville and on Wednesday, St. Joe's of Montvale is in town. Both games commence at 4 p.m.

"Overall, I'm pretty happy with the way we played last week," Grande said. "I'm doing in games what I would normally try and accomplish in scrimmages. We're still trying to get the kids set at their positions and trying to get things smoothed out."

Because of the excessive amount of snow and rain during March, the Bucs were not able to play any exhibition games. Consequently, the season opener at Paterson Eastside served many purposes, most importantly the start of a new campaign.

Belleville jumped out to a 1-0 lead in the third inning. Kevin

Johansen singled and advanced to second on a passed ball. Mike Morgan drew a walk and Ken Johansen hit into a fielders choice, scoring Kevin with the first run of the season.

Eastside came back via the long ball. The Ghosts tallied two runs in the last of the third off the starting, and eventual, winning pitcher Kevin Johansen. The two runs came off a homerun. In the fourth, Eastside scored a solo run thanks to a second homer.

In the fifth, Belleville came back. Ken Johansen singled, went to second on an errant pick off throw and to third on a wild pitch. Keith Veltre walked and stole second base. Jim Landon then stepped up in a big situation and delivered a three run homer to give Belleville the lead for good, 4-3.

In the sixth, Kevin Johansen reached on an error and Morgan singled. Mike Mundy also reached safely on a throwing error and Johansen scored. Ken Johansen then blasted a double to drive in two runs and seal the 7-3 win.

Kevin Johansen was the winning pitcher. The senior hurled the first five innings and allowed two earned runs and just three hits. He walked two and struck out none.

It was a typical performance by Johansen. He had excellent control and good location on his pitches.

Ken Johansen pitched the final two innings and recorded a save.

Landon and Ken Johansen both had two hits and three ribbies each.

The game with Barringer was a close battle until the fifth inning. Belleville led 1-0 thanks to walks by Ken and Kevin Johansen, a fielders choice by Morgan and a sac fly from Mike Puleo that scored Ken Johansen.

It stayed 1-0 until the top of the fifth, when Barringer pushed across a run to tie the contest. In the last of the fifth, however, Belleville not only went back ahead, they broke the game wide open.

Puleo started the rally with a single. Anthony Caruso walked and Jim Napolitano singled to score Puleo. Bob Dena hit a two run single and a host of Barringer errors led to four more Belleville runs. When the smoke cleared, the Bucs were ahead 8-1.

Mundy pitched an outstanding game for Belleville in gaining the win. The junior hurled five innings, giving up no earned runs and four hits. He fanned nine and walked one.

Ken Johansen pitched the final two innings to wrap up the win. Once again, he was unscathed upon.

Although Belleville won by seven runs, the team was limited to just four hits.

Belleville lost by nine runs to Montclair, but the Bucs were in the

game until the fifth inning.

"We didn't play a good defensive game," Grande said. "Dan (Brunello) started and he was a little nervous in his first varsity game. But we didn't give him a lot of help."

The Bucs led 2-0 after the first inning. Caruso singled, Napolitano walked and Ken Johansen hit a single to score both men.

Montclair came back to take a 4-2 lead after three innings. Belleville narrowed the lead to one run in the fourth, but after that it was all Mounties.

"We didn't play well," Grande said. "But it's one game and the team is starting to come together. We have some big games coming up this week and next, so there's no use in looking back."

NOTES: The game with Barringer was supposed to have been played at Belleville, but the field at Municipal Stadium is not ready. Grande was hoping the Bucs could use the field for yesterday's game with Clifton.

Even though the game was played on Barringer's home field, Belleville was listed as the home team.

Bucs had a tough week, with games against Ridgewood, Clifton, Bloomfield and next Monday's contest against Bergen Catholic before NNJIL Pacific Division schedule commences against St. Joe's next Wednesday.

## Girls off to 4-1 start, Corino at 299

# Lady Bucs facing difficult schedule

By Mike Lambert

After two easy wins, the Belleville softball team dropped its first game of the '93 campaign to a good Ridgewood squad last Monday.

The loss temporarily denied coach Carl Corino his 300th career victory as coach of the Lady Bucs. The girls (4-1) battled Clifton yesterday at Clearmon Field and tomorrow, it's off to Bloomfield for a 4 p.m. game at Pulaski Park. Next Wednesday, Eastside comes to Clearmon for a 4 p.m. contest.

"Hey, they have a real good team," Corino said of Ridgewood following last Monday's game. "They hit the ball real well and play good defense. We made too many mistakes to stay in this game. The kids will learn from this, and we'll get ready for Clifton."

"We have a real tough schedule ahead. Clifton is strong, Bloomfield is a talented team, we'll be playing in that tournament (at Whippany Park) pretty soon and

then the NNJIL schedule starts. Paramus, Paramus Catholic, Nutley, Immaculate Heart, they're all real tough this season. We also have to play at Ridgewood later this season. There are no breaks."

The Lady Bucs defeated Montclair 12-1 and Barringer 29-4 prior to losing to Ridgewood.

In the Montclair game, Belleville scored five runs in the first inning and never looked back. Jennifer Citarella walked and Colleen Mannion was hit by a pitch. Lynn Giachetti reached base safely on an error and Kim Piscatowski singled with the bases loaded to drive in Citarella. Christine Sansano singled in Mannion and Andrea Curran blasted a bases loaded double to drive in three runs.

In the fourth, Belleville scored two more runs. Citarella was hit by a pitch and stole second base. Mannion walked and then the two base runners executed a double steal, putting runners on second

and third. Giachetti grounded out to score Citarella and Piscatowski pit a sacrifice fly to bring in Mannion.

The Lady Bucs scored five more runs in the fifth, with Piscatowski leading the way in that frame with a two run single.

Offensively, Piscatowski had two hits and drove in four runs. Curran

collected two hits and drove in three. Kristin Gallo had two hits and a ribbie.

Piscatowski earned her third victory without a loss. The junior pitched a complete game, allowing three hits while fanning three and walking five.

The game with Barringer was (continued on page 14)

## Road show begins well for Salese's racketmen

By Mike Lambert

And so it has begun. An 18 match road trip is underway and, so far, the results are quite positive for the Belleville tennis team.

Tony Salese's soon-to-be frequent fliers ventured to Paterson Eastside and Paterson Kennedy last week and came back with two wins. The Bucs stopped Eastside 5-0 and then won at Kennedy two days later, 3-2.

Belleville will take on Nutley this Monday and Don Bosco on Wednesday. Both matches start at 4 p.m. Need we say they are both scheduled for the road?

"The kids did a good job," Salese said. "I felt entering this season that we would be very competitive. Two matches don't determine a season, but it's always nice to start the year off this way."

In the shutout victory against Eastside, Seymon Kogan won 6-0, 6-1 at first singles and George Kirby won in straight sets, 6-0, 6-0.

At third singles, Pete Prvulovic had little trouble in registering a 6-1, 6-0 victory. The first doubles team of Oscar Benavides and Tuan Bai won in straight sets, 6-2, 6-0 and the second doubles team of Dai Nguyen and Wesley Tahsir prevailed 6-1, 6-0.

Against Kennedy, the meet was a little closer but the result was still a

win. Kogan won his match at first singles, 6-3, 6-3 and Kirby captured the second singles in a tough three setter, 6-3, 3-6 and 6-3.

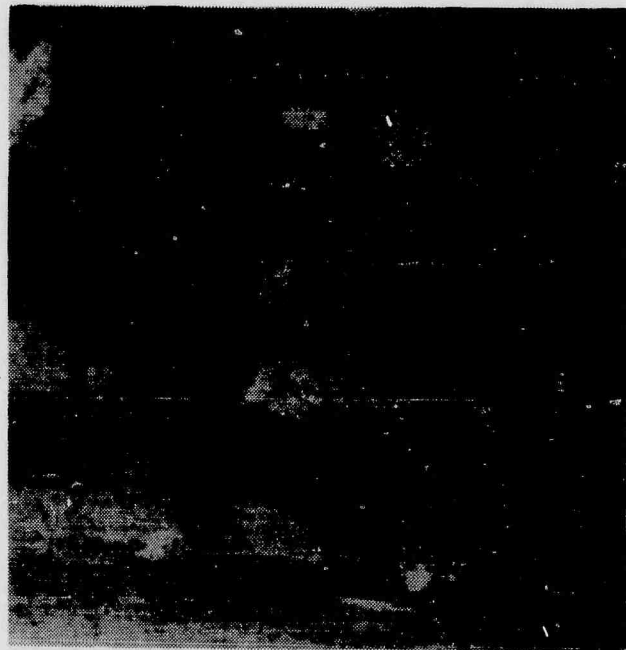
The first doubles team of Benavides and Bai also needed three sets. The team won by scores of 6-2, 4-6 and 7-5.

Salese has chosen to keep his opinion about the Belleville tennis facilities to himself. When questioned about the condition of the courts and the reason why Belleville cannot be host to a match this spring, he chose to discuss his teams performance.

"What can I say about the courts," the coach mused. "Right now, we have a schedule to keep and matches to play. Hopefully, the situation will get better in the future."

It isn't quite sure when the "future" is in Belleville when it comes to giving the athletic facilities some much needed attention. Considering the Buc tennis team, men and women, has been on the road for close to five years, it's safe to assume that those in control of these situations choose to pass the problem off to a "future" group of administrators.

Let's just hope those "future" administrators are not currently attending Belleville grammar schools.



Gina Conte takes a swing during game. Conte has done a good job for team so far this season.

## Anthony Conte records 100th career victory as Jr. Buc

Anthony Conte scored his 100th career Junior Buc varsity win in the state tournament at Union on March 28.

Conte, the first seventh grader to achieve 100 wins, avenged an earlier 6-5 defeat to Roselle Park's Chris King by dominating the match and winning 4-2.

Overall, Conte finished in fifth place in the state tourney for the 80 pound class.

Over a four year span, Conte's overall record is 102-28 with 52 pins and numerous tournament gold medals and two fifth place finishes in the states.

Conte would like to thank his coaches, Lou Riccardi and big brother Mike Conte (former BHS star wrestler) and former coach Ralph Cardinale for helping him attain the 100 win plateau.

Congratulations to Anthony Conte and his family for the excellent performance over the past four years and in the state tournament.



Anthony Conte



# Softball team falls to Ridgewood, Bengals next

(continued from page 13)  
decided early, as Belleville led 3-1 after one frame and 14-3 after two.  
Keri Wendling (1-0) pitched a complete game for Belleville. The junior struck out six and walked one while allowing four runs and just three hits.

Belleville collected 21 hits. Giachetti had four of them and drove in four runs. Mannion had two hits and five RBI's, Citarella was 3 for 3 with three ribbies and Danielle Brodo was 2 for 2 with three RBI's.

Against Ridgewood last Monday, Belleville fell behind 5-0 before staging a rally in the sixth inning. Giachetti drilled a triple and scored on a Piscatowski single. Piscatowski moved to third and scored on a long sacrifice fly by Curran.

Belleville loaded the bases in the sixth with two outs. Citarella stepped to the plate and lined a shot that seemed destined to be a single. The Ridgewood pitcher got a glove on the ball and the deflected ball ended up in the second baseman's glove for an easy force out.

"We had some chances to score," Corino said. "We had the

bases loaded in the first inning with one out and we couldn't get a run across. Like I said, Ridgewood has a good team.

"I expected a tough game with them this year. They've been rebuilding over the past few years and now they look real good. Don't forget, that school has won a few state titles in softball. They're well coached."

Piscatowski pitched a complete game and took the loss. Entering yesterday's game with a very tough Clifton squad, Piscatowski was 3-1 on the season.

**NOTES:** The NNJIL Pacific Division schedule kicks off on April 23 against Hackensack at Clearmon Field.

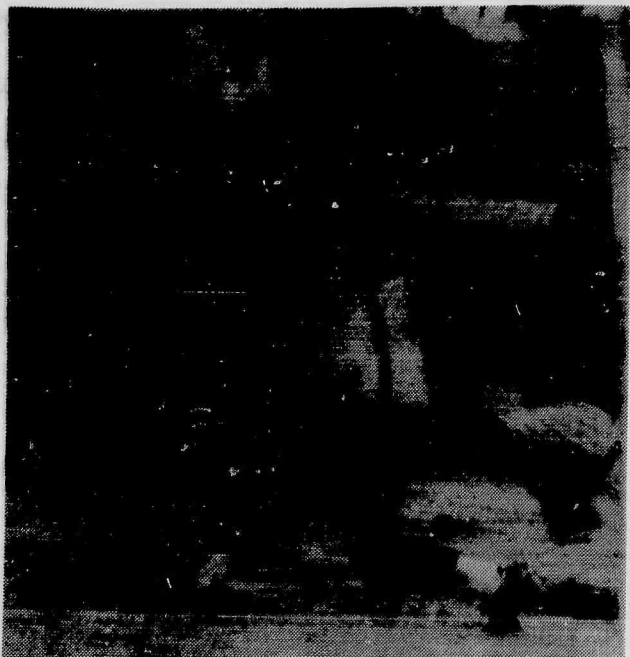
Belleville does not face arch rival Nutley until early May. Brodo was impressive at the plate in the sixth inning of the Ridgewood game, working out a walk with two outs that kept the rally alive.

"She battled hard," Corino said of the freshman. "I was happy with the way she stayed in there against a real good pitcher."

Nicole Gibbons started at first base against Ridgewood and played well.



Colleen Mannion is shaken up at second base after a rough slide. Coach Carl Corino offers assistance.



Kristin Galioto stands in at home plate. Galioto, a junior, has been playing very well.



Kristin Galioto throws to second base from her centerfield position during game with Queen of Peace.



Andrea Curran receives some last minute instruction from coach Carl Corino.

## Hands, Martin, Zarro excel for Junior Buc wrestling team

The state wrestling tournament at Union High School was held on March 27 and 28. Four Belleville Junior Buc wrestlers placed third in the prestigious tournament.

The state tourney is held after wrestlers qualify in eight state wide tournaments. The top three wrestlers in each qualifier have the honor of making it to the state finals. Out of hundreds of wrestlers competing in each weight class, 24 grapplers make it to the state championships.

Tim Hands, a tri captain for the Junior Bucs and owner of a 21-6 mark, recorded three victories and took fifth place overall.

Lawrence Martin, a first year wrestler, ended an outstanding season by posting a 4-2 record and taking fourth in the tourney. He finished 20-10 and had 10 pins.

Four year wrestling partners and "buddies" Anthony Conte (26-9, 12 pins) and Frank Zarro (23-6, 10 pins) wrestled an incredible seven

times, posting identical 5-2 records to take fifth place honors.

This is the second year in a row that Conte and Zarro placed fifth in the finals. Belleville has every reason to be proud of the accomplishments of the wrestlers. They all have the ability to star on the high school level.

Hands and Conte won their qualifying tournaments at Westfield while Zarro took first at Lodi and cagy Martin placed third.

**NOTE:** Chris Zarro, Jim Palo, Mike Biase and John Fitzgibbon lasted three rounds while the ever improving Dave Ilaria went five rounds in the states. Pepe Cafone is the state champ (super heavyweight) without wrestling a match. Look for Hands, Zarro, Palo and Cafone next year on the Belleville High School team. All the wrestlers and coaches were honored at the high school on April 8.

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## Buc Shots

(continued from page 13)

one at 450-8883, or in the evening at 751-5478. Players should come to the tryouts with their own equipment.

Belleville will open ECBL play on May 23 at Verona.

The new team is also soliciting donations from local merchants and individuals to help support it in its initial season.

If anyone is interested in donating, he or she should contact Nardachone at the above referenced numbers.

### THIS WEEKS QUIZ

Back in the 1985 World Series, the St. Louis Cardinals were robbed in Game 6 and eventually lost

the series in seven games.

In Game 6, the Cards led 1-0 in the bottom of the ninth and led the Series 3 games to 2. The leadoff hitter reached first safely on a play in which he was clearly out.

That play spurred the Kansas City Royals to two runs and a victory which forced Game 7. In Game 7, K.C. won 11-0 and took the series.

Now, who was the batter that started the controversial rally in Game 6? Who was the Cardinal pitcher? Who was the umpire that made the bad call at first base? Who was the Cardinals manager? Who was the Royals manager?

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### THURSDAY 41593

5:30 p.m. - Wrestling Tracks  
U.S.A.-Wrestling News  
6:00 p.m.- The Theresa Nance Show-News of Concern to Area Viewers: Rodi Alexander  
6:30 p.m. - The 11th 12 Hour-A Condensed Version of our Sat. Night Show  
7:00 p.m. - Meet Your Mayor: Passaic  
7:30 p.m. - Mrs. Johnson, Parapsychology Talk Show Live  
8:00 p.m. - Film Flicks & Video Pix-Reviews of Films & Videos  
8:30 p.m. - Middle Eastern TV-Programming for the Middle Eastern Viewers  
10:00 p.m. - The Uncle Floyd Show-Zany Comedy with Uncle Floyd  
10:30 p.m. - Jersey Spotlight-The Hottest Acappella Groups with host Tommy Petillo  
11:00 p.m. - Video Spotlight  
**FRIDAY 41693**  
5:00 p.m. - Astrology Today (Repeat of Tuesday's Show)  
6:00 p.m. - Sudzin Country Videos

7:00 p.m. - Film Flicks & Video Pix  
7:30 p.m. - Scholastic Sports  
8:00 p.m. - Front Page Edition: Wood Ridge Bd. of Ed.  
8:30 p.m. - Pro Wrestling Today: Picks & Previews of Pro Wrestling  
9:00 p.m. - Final Score  
9:30 p.m. - Wrestling Tracks U.S.A.  
10:00 p.m. - The Uncle Floyd Show  
10:30 p.m. - Look & Live Ministry  
**SATURDAY 41793**  
10:30 a.m. - Front Page Edition: Wood Ridge Bd. of Ed.  
11:00 a.m. - The Theresa Nance Show: Rodi Alexander  
11:30 a.m. - The Final Score-Pro Sports Handicapping  
12:00 noon - Pro Wrestling Today  
12:30 p.m. - America's Backyard-Home Fix-It & Gardening Tips  
6:30 p.m. - The Mark Dacey Show-Interviews & Acoustic Performances by the Area's Musicians  
7:00 p.m. - Jersey Spotlight

10:00 p.m. - The Uncle Floyd Show  
11:00 p.m. - The 11th Hour Comedy Show  
**SUNDAY 41893**  
8:00 a.m. - Look & Live Ministry  
9:00 a.m. - Ambassadors of Grace  
10:30 a.m. - Pro Wrestling Today  
11:00 a.m. - The Final Score  
11:30 a.m. - Health Issues-Interviews with Area Health Professionals  
12 noon - Meet Your Mayor: Passaic  
12:30 p.m. - America's Backyard  
6:30 p.m. - Jersey Spotlight  
**MONDAY 41993**  
7:00 p.m. - The Mark Dacey Show  
7:30 p.m. - Wrestling Tracks U.S.A.  
8:00 p.m. - Front Page Edition: Wood Ridge Bd. of Ed.  
8:30 p.m. - Health Issues  
9:00 p.m. - Mrs. Johnson, Parapsychology Talk Show (repeat of Thursday show)  
9:30 p.m. - Film Flicks &

Video Pix  
10:00 p.m. - The Uncle Floyd Show  
10:30 p.m. - Power Play  
**TUESDAY 42093**  
6:00 p.m. - Sing Along New Jersey-See Club Goers Sing to their Favorite Songs  
6:30 p.m. - The 11th 12 Hour  
7:00 p.m. - Special  
9:00 p.m. - Astrology Today hosted by Steven Joseph Sinopoli. Live Call-In  
10:00 p.m. - The Uncle Floyd Show  
10:30 p.m. - Look & Live Ministry  
**WEDNESDAY 42193**  
7:00 p.m. - The Mark Dacey Show  
7:30 p.m. - Scholastic Sports Today  
8:00 p.m. - Power Play Country  
10:00 p.m. - The Uncle Floyd Show  
10:30 p.m. - Sing Along New Jersey  
11:00 p.m. - Meadowlands Showcase  
11:30 p.m. - Power Play



# '93 Belleville High School Spring Schedules

## VARSITY BASEBALL

DATE	OPPONENT	PLACE	TIME
April 14, 1993	Clifton	Home	4:00 pm
April 16, 1993	Bloomfield	Away	4:00 pm
April 19, 1993	Bergen Catholic	Home	4:00 pm
April 21, 1993	St. Joseph	Home	4:00 pm
April 23, 1993	Hackensack	Away	4:00 pm
April 26, 1993	Paramus	Home	4:00 pm
April 28, 1993	Teaneck	Away	4:00 pm
April 30, 1993	Paramus Cath.	Away	4:00 pm
May 3, 1993	Nutley	Home	4:00 pm
May 5, 1993	Don Bosco	Home	4:00 pm
May 7, 1993	St. Joseph	Away	4:00 pm
May 10, 1993	Hackensack	Home	4:00 pm
May 12, 1993	Paramus	Away	4:00 pm
May 14, 1993	Teaneck	Home	4:00 pm
May 17, 1993	Paramus Cath.	Home	4:00 pm
May 19, 1993	Nutley	Away	4:00 pm
May 21, 1993	Don Bosco	Away	4:00 pm
May 22, 1993	Don Bosco	Away	

## VARSITY CREW

DATE	OPPONENT	PLACE	TIME
March 28, 1993	Manny Flick Philadelphia	Away	
April 17, 1993	Kearny Invitational Kearny	Home	
April 24, 1993	New Jersey Regatta Mercer County	Away	
May 2, 1993	City Championships Philadelphia	Away	
May 8, 1993	Mid-Hudson Regatta Poughkeepsie	Away	
May 14/15 1993	Stotesbury Regatta Philadelphia	Away	
May 21/22 1993	Nationals Delaware	Away	
May 29, 1993	Skulling Virginia	Away	

## VARSITY GOLF

DATE	OPPONENT	PLACE	TIME
April 14, 1993	Bergen Cath.	Hend.	3:30 pm
April 26, 1993	Passaic	F.H.	3:30 pm
April 29, 1993	Montclair	M.C.C.	3:30 pm
May 3, 1993	Nutley	Up. Mont.	3:30 pm
May 5, 1993	Teaneck	F.H.	3:30 pm
May 10, 1993	Districts		
May 14, 1993	Nutley	Hend.	3:30 pm
May 17, 1993	State Finals		
May 18, 1993	Don Bosco	F.H.	3:30 pm
May 20, 1993	Bloomfield	Hend.	3:30 pm
May 25, 1993	Paramus Cath.	F.H.	3:30 pm
May 27, 1993	Farmstead	NNJIL	3:30 pm

Key: (F.H.) Forest Hills (Hend.) Hendricks (M.C.C.) Montclair Country Club

## VARSITY TENNIS

DATE	OPPONENT	PLACE	TIME
April 14, 1993	Passaic	Away	4:00 pm
April 19, 1993	Nutley	Away	4:00 pm
April 21, 1993	Don Bosco	Away	4:00 pm
April 23, 1993	St. Joseph	Away	4:00 pm
April 26, 1993	Hackensack	Away	4:00 pm
April 28, 1993	Paramus	Away	4:00 pm
April 30, 1993	Teaneck	Away	4:00 pm
May 3, 1993	Paramus Cath.	Away	4:00 pm
May 5, 1993	Nutley	Away	4:00 pm
May 7, 1993	Don Bosco		
May 10, 1993	St Joseph		
May 12, 1993	Hackensack		
May 14, 1993	Paramus		
May 17, 1993	Teaneck		
May 19, 1993	Paramus Cath.		

## VARSITY TRACK

DATE	OPPONENT	PLACE	TIME
April 17, 1993	Hudson County Relays at Kearny	Away	
April 20, 1993	Hackensack	Away	10:00 am
April 22, 1993	St. Joseph	Away	4:00 pm
April 24, 1993	Millburn Relays at Millburn	Away	9:00 am
April 30, 1993	Essex County Relays at Livingston	Away	
May 5, 1993	NNJIL Frosh Championship at Hackensack	Away	3:30 pm
May 7, 1993	NNJIL Championship at Hackensack	Away	
May 8, 1993	NNJIL Championship at Montclair	Away	
May 10, 1993	Essex County Novice at South Orange	Away	
May 11, 1993	Paramus Cath.	Away	4:00 pm
May 14, 1993	Essex County Championship at S. Orange	Away	
May 18, 1993	Bloomfield/IHA	Away	4:00 pm
May 19, 1993	State Sectional Qual. Meets	Away	
May 22, 1993	State Sectional Champ. Meets	Away	
May 28, 1993	State Group Champ. Meet	Away	

## VARSITY SOFTBALL

DATE	OPPONENT	PLACE	TIME
April 14, 1993	Clifton	Home	4:00 pm
April 16, 1993	Bloomfield	Away	4:00 pm
April 21, 1993	Eastside	Home	4:00 pm
April 22, 1993	Columbia	Away	10:30 am
April 23, 1993	Hackensack	Home	11:00 am
April 24, 1993	Tournament		
April 26, 1993	Paramus	Away	4:00 pm
April 28, 1993	Teaneck	Home	4:00 pm
April 30, 1993	Paramus Cath.	Home	4:00 pm
May 3, 1993	Nutley	Away	4:00 pm
May 5, 1993	I.H.A.	Away	4:00 pm
May 7, 1993	Ridgewood	Away	4:00 pm
May 10, 1993	Hackensack	Away	4:00 pm
May 12, 1993	Paramus	Home	4:00 pm
May 14, 1993	Teaneck	Away	4:00 pm
May 17, 1993	Paramus Cath.	Away	4:00 pm
May 19, 1993	Nutley	Home	4:00 pm
May 21, 1993	I.H.A.	Home	4:00 pm

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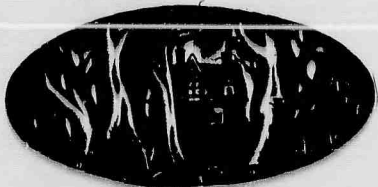
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## Obituaries

### Angelina Viglianti, 82

A Mass for Mrs. Angelina Viglianti, 82, of Nutley was offered April 14 in St. Peter's Church, Belleville, following the funeral from the Zarro Funeral Home, Bloomfield.

Mrs. Viglianti died April 9 in the Morristown Rehabilitation Center.

She was a saleswoman for the Meyers Bakery in Belleville before retiring in 1985. She owned Charlie's Luncheonette in Nutley from 1952 to 1958 and the Munson Diner in Newark from 1958 to 1961 and

served as superintendent of the Greenville Apartments in Madison from 1961 to 1971.

Mrs. Viglianti also was a member of the Nutley Senior Citizens.

Born in Passaic, she lived in Belleville before moving to Nutley five years ago.

Surviving are four daughters, Mrs. Connie Weed, Mrs. Maria Marinelli, Mrs. Frances Riccio and Mrs. Maureen Katnas; six grandchildren and three great-grandchildren.

### Alfred L. Lupien, 87

Services for Alfred L. Lupien, 87, of Belleville, retired as a language teacher with the Nutley Board of Education, were held April 14 in St. Mary's Chapel, Hanover Township, Pa. Arrangements were by the Irvine-Cozzarelli Funeral Home, Belleville.

Mr. Lupien died April 10 in his home.

He was a foreign language teacher at Nutley High School for many years before retiring in 1971 as an administrator of academic scheduling.

Before that, he also taught at the Canton Public High School, Canton, Pa., and the Milford Public High School, Milford, Del.

In 1928, he was graduated with a bachelor's degree in education from Mansfield University, Mansfield, Pa.

He also received a master's degree in education from Duke University, North Carolina.

Mr. Lupien was a member of the Retired Teachers Association of New Jersey and the New Jersey Education Association.

Born in Minersville, Pa., he lived in Wilkes-Barre, Mansfield and Canton, Pa., and Milford, Del., before moving to Belleville 50 years ago.

Surviving are his wife, Kathryn Marie, and a brother, Vincent J.

## Health Officer warns on lead poison peril

Belleville's Health Officer Thomas Longo issues the following report on lead poisoning:

Lead poisoning is the number one environmental health threat to children in America. Lead can cause serious damage even in very small amounts. Lead can stunt a child's growth, cause permanent damage to the nervous system, and other organs.

Lead is found in a number of places. Exposure to lead paint dust is the number one cause of lead poisoning in children. The risk is greatest in homes built before 1978 before lead was banned from household paints. Lead dust particles can float through the house and be breathed in by children. Lead dust is also produced by sanding and scraping paint off walls and opening and closing windows painted with leaded paint. Even if old paint has been covered a number of times with paints containing little or no lead the entire surface can still crack and peel.

Elevated lead levels in water can be found in as many as 20 percent of the homes in America. Lead can leach into tap water from lead pipes and copper pipes which are fitted with lead solder.

Fresh fruits and vegetables may have lead residue from the soil. Lead from ink found on bread wrappers can leach into food if the bags are turned inside out and reused. Lead can also be found on some ceramic dishes. Factory emissions, and car exhaust release lead into the air, and soil.

Lead effects can last a lifetime.

Children process lead differently than adults. They absorb as much as 50 percent of lead they ingest. Children under seven are at greatest risk due to their still developing brains and nervous systems. Fetuses whose mothers were exposed to high lead levels during their pregnancy are also at risk for irreversible damage.

Effects of lead poisoning usually don't show up until a child enters school. Children who suffer early lead poisoning often can't concentrate and are easily upset and excited. Often they have hearing impairments. They are six times as likely to develop learning disabilities. Physical symptoms of lead poisoning are rare unless the lead level is very high.

There are simple precautions which can be taken to lower your exposure to lead:

- If water has been sitting in the tap for more than six hours run the water for one to two minutes before using it for drinking, making beverages, or preparing infant formula.

- Always use cold water for drinking, cooking and making beverages. Cold water carries less lead than hot water.

- If you live in a home built before 1978 you can have our home inspected by a qualified inspector. There are also home kits available to detect lead on paint surfaces.

- Walls can be scraped by a contractor experienced in lead removal or covered with a protective material such as wallboard. It is advised that you move out of your home while renovations are being done.

- If lead has been found in your home clean hard floor surfaces with a wet mop rather than a broom or vacuum since this tends to spread lead dust. Wash windowsills and baseboards once a week with trisodium phosphate cleaner.

To find out if your child has been exposed to lead ask your pediatrician to screen your child for lead between the ages of nine months and six years of age.



**KNIGHTLY HONOR** — Grand Knight Tom Doeffinger, Lou Mattia, Vice President of Columbus Institute, and George Lynch, at ceremony honoring Lynch for 36 years of service to Knights of Columbus.

## Knights cite George Lynch

George Lynch was recently cited by Belleville Knights of Columbus for 36 years of dedicated service and presented with a plaque, Honorary Past Grand Knight.

Lynch has been a vital part of the

success of the Belleville Knights of Columbus No. 835.

James Kiernan, PGK, was chairman of a very successful Irish Night attended by 180 people.

## Needy get free cataract surgery

The Eye Institute of Essex will perform free cataract surgeries May 1 as part of Mission Cataract USA, '93, a nationwide effort to help uninsured people who are unable to pay for the operation.

Philip M. Eichler, M.D., Founder and Medical Director of the Eye Institute of Essex, will be among more than 200 ophthalmologists nationwide taking part in the event. The Eye Institute's staff will also be giving their time and services for the screening day and the surgery day. At the last count, 107 outpatient, eye care facilities across the nation will be participating simultaneously, donating 10 to 20 million dollars worth of surgery.

"There are many people who slip

through the cracks of society and need cataract surgery," Dr. Eichler explains. "They cannot afford to pay for surgery, have no insurance and don't qualify for Medicare, Medicaid, or any other form of governmental assistance."

Persons who feel they meet the criteria for this special program should contact the Eye Institute at 751-6060. Participants will be evaluated medically and financially, by appointment only, on April 24 at the Eye Institute of Essex, 5 Franklin Avenue in Belleville. Surgery will take place at Eichler SurgEye Center on May 1.

In cataract surgery, the surgeon removes the eye's natural crystalline lens — which has lost its transparency, causing blurred or distorted vision. Today, modern cataract surgery is an outpatient procedure which takes less than 30 minutes. With the advent of small-incision cataract surgery, often, stitches are not required. In most cases, the patient can use their eye soon after surgery and can return home the same day.

The original Mission Cataract program was founded in 1991 by Frederick A. Richburg, M.D., Medical Director of Valley Eye Institute in Fresno, Cal. In 1992, the program went statewide and this year the project has expanded nationwide.

"We are doing something that has never been done before," explains Dr. Eichler. "May is National Sight Saving Month and we're networking with a major cataract surgery program making a tremendous impact on a national scale, helping thousands of the 'ultra-poor' to surgically regain the precious gift of sight."

To qualify for this free community service applicants must have: poor vision, due to cataracts uncorrectable with glasses, which interferes with activities of daily living, no Medicare, Medicaid or third party insurance coverage, and no other means to pay for cataract surgery. Due to the anticipated response only cataract surgery will be performed.

If you know someone who is visually impaired and has financial need, if you'd like more information, or if you're interested in volunteering please contact the Eye Institute of Essex at 751-6060.

## St. John's art exhibition

St. John's Church on 22 Mulberry Street in Newark will hold its 12th Annual Art Exhibit for the children attending all the schools in the city of Newark May 10 - 31. The 1993 exhibition — entitled "The Artist Invents" is twelfth in a series "Growing by Creating" program sponsored by the Newark Community Project, an organization initiated by St. John's for the major businesses located in the city. The exhibition involves the cooperation of The Newark Board of Education and The Archdiocese Schools Office. Michael Ginch, Pastoral Associate of St. John's

stated, "The success of this program is due to the efforts of co-chairpersons Johanna Lyons and Franotte Washington."

Over 300 works of art were submitted by the students of independent and tax supported schools of the city. Of all these, only 51 works were selected by a jury of distinguished members of the art community. The jury members were Miriam Santiago (Special Event Coordinator-Newark) and Carol T. Jenkins (Jenkins Graphics). The works were selected on the basis of originality, expressive use of materials, and overall artistic merit. Participants were not restricted by any specific theme, but were encouraged to emphasize a spiritual focus in their work. The sum total of prize money to be awarded will be \$650.



**DON'T DROP THE BABY** - Belleville Police Officer Paul Long, left, demonstrates how to hold an infant undergoing cardio-pulmonary resuscitation. It is part of a regular police training course being given at the Public Safety Building. (Photo by Howard Klausner)

## PROFESSIONALLY SPEAKING

The Nutley Sun  
Belleville Times  
Bloomfield Life



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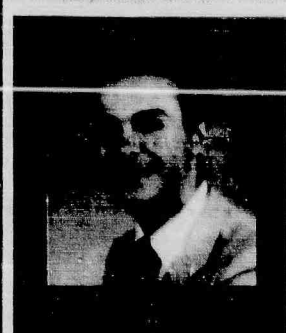
Daily doses of aspirin not only reduce the risk for heart attack, they also help keep arteries clear of plaque. So says a study reported in the American Journal of Cardiology in which 200 men who had undergone balloon angioplasty were given 100 milligrams of aspirin daily. The procedure to open blocked arteries in the heart with an expanding balloon had been marked by a tendency for newly-opened arteries to close up again within a few months. However, with the daily aspirin dose, only 25 percent of the blockages reformed after angioplasty, versus 38 percent in a placebo group. In another study, it was found that a mere 30-milligram (about 1/10 of a standard aspirin tablet) dose of aspirin was actually slightly more effective than standard doses in preventing heart attacks and strokes.

Aspirin is effective for many ailments. Even though it is an over-the-counter medication it's a good idea to check with your doctor if you plan to take it on a regular basis. Full prescription service is available at ROSSMORE PHARMACY, 338 Washington Ave., 759-1968, 759-1956. The American Cancer Society will conduct its annual fund raising and educational crusade April 1-30. Any help would be greatly appreciated by the Society. Hours: Daily 9am-10pm, Sunday 9am-5pm.

HINT: Consult a physician before taking even small amounts of aspirin on a daily basis.

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## Dr. D'Agostino for Pat

To the editor:

It is indeed an honor to come forward and openly endorse Mrs. Patricia Pisano for re-election to the Board of Education. Pat has been serving on the board for the past six years. During that span of time, she has been vice president twice, and president for the past two years. She has endured and served the citizens well. Most importantly, the students and the educational system have progressed at a vigorous pace during very difficult times. Pat's experience and calling the shots right up front without ulterior motives are certainly recognizable by most fairminded citizens of Belleville.

Needless to say, these are difficult times. Unsalaries public servants like Pat and the six other board members expend countless hours of devotion to the students and the schools. However, Pat is more unique than others. She is the mother of three children currently enrolled in the Belleville schools. She holds a full time secretarial position at the Police Academy of Essex County. She has served as treasurer and presently is the secretary of the Essex County School Boards Association. With all of these involvements, Pat has never absented herself from any board of education public meetings.

Yes...Pat is truly a dedicated "woman of the 90's." Like the many other fine women of Belleville, being in the workforce, motherhood, keeping house, school-parent organizations, all make for a hectic schedule to make ends meet. By the way, Pat is a homeowner and property taxpayer. She is highly sensitive to the plight of the homeowner and the ever spiraling property taxes.

Pat is presently campaigning hard for re-election. For those who have been in campaigns, you realize this is an arduous task. I, myself, have been in six campaigns and am slowly approaching more than sixteen years on the board of education. I, therefore, humbly take this opportunity to appeal to the good sense and intelligence of the citizenry. To the thousands of friends and relatives who support me, I ask your kind consideration on behalf of Pat Pisano, 5A on the ballot. Our kids need experience, true dedication and caring persons on the board of education.

Dr. Anthony C. D'Agostino

## Candidate Notari writes

To the editor:

On Tuesday, the citizens of Belleville will be voting in a very important election, for the board of education. During the past few months I have been fortunate in meeting an overwhelming number of good hard working concerned citizens. The citizens and I share a common goal. We have had enough and are desperately seeking a change on our school board. During this campaign the trend throughout the town is for a change.

I promise the taxpayers of Belleville I will bring you positive changes. Together you and I will strive for excellence in education at a cost affordable to you the taxpayer. I want a school board that will have seven independent thinkers. I want politics out of education, jobs will be based on merit and credibility.

I will work hard to eliminate the non resident students from our schools. Belleville schools are for Belleville residents only. I believe in keeping all of our neighborhood schools open. I want to take an active role in developing strong curriculum and high standards.

As I have expressed many times the tax situation is a serious problem. I want to stabilize taxes and be conservative with our school monies. The taxpayer's needs, need to be addressed.

I want our senior citizens to be involved in our schools, working with our youth during the school day. The senior citizens are a vital part of our community and our children can learn from them. In meeting many senior citizens during the past few months they have expressed a strong desire to get involved in the schools.

If elected to the board of education after one year on the board I will ask the people of Belleville to evaluate my performance. I will do this every year for the three years I serve. Teachers and administrators get observed, board members also should be observed, we represent you the taxpayers.

This campaign has been a great experience for me. I have met wonderful caring people who are concerned about Belleville schools. I thank the people of Belleville for your support. Please consider voting for me on Tuesday, April 20th, Line 1A, John Notari. I will not let you down. Let's strive for excellence in education. Let's move forward.

John Notari

## A vote for Cicalese

To the editor:

I'm writing this letter to show my support for Barbara Cicalese who is running for the Board of Education. Barbara is a very dedicated person who really cares about our children. She is a past member of the Board of Education and founder of the C.H.A.S.E. program. She speaks from her heart and truly wants what is best for our children and she's the "BEST" one for the job.

Please give her your support and vote 2A on April 20.

Susan Groome

## Angie for Barbara

To the editor:

As a member of the Belleville Board of Education, I am pleased to write this letter on behalf of Barbara Cicalese.

Barbara Cicalese is a dedicated parent who has contributed greatly to the betterment of our children's lives in Belleville. Her work with the Belleville Alliance for Substance Education (B.A.S.E.), and Project Graduation alone makes her one of the two most worthy candidates in this year's field. She is an individual who is an independent thinker, and as her past service on the School Board shows, she is someone the parents, taxpayers and students can depend upon to be there for them.

I am supporting Barbara Cicalese because I know I will be able to work with her for the betterment of our educational system. I am proud to call her my friend, and it would be an honor to serve with her on the Board of Education. Barbara is not an educator, and she is without personal or political ties to our school system. She is someone who is truly concerned about the welfare of our children, and who cares about the taxpayers who pay the bills.

On April 20, I urge everyone to join with me in casting a vote for Barbara Cicalese.

Angie Pasernchia  
Trustee  
Belleville Board of Education

## Letters to the Editor

### With love, from Russia

To the editor:

I thank all the people in Belleville, especially the mayor, Board of Education, and administrators for warm greetings and the welcome that they gave to me during my visit to the United States.

I felt that around me were real friends of my country who want to know about the history, the people, traditions of my motherland. I felt the support of the people in my country which now has a very difficult period.

I was pleased with the welcome of students, teachers, and principals of all Belleville schools. I was impressed by feelings of students and teachers. The teachers of your country and my country have the same aim — to educate the future of our lands in friendship with other peoples. We have the same problems as American teachers and I hope that such meetings will help us to solve these problems together.

Especially I thank my real friend, Ann Schneider, who has done everything to make me feel at home. I saw very many interesting places, learned much about your history and traditions, and met wonderful people. I thank also the principal of Belleville High School, Dr. Ciccone, who gave Ann the opportunity to be with me many days of my visit to America.

I hope that the relations between American and Russian teachers will not stop. We are very glad to see American teachers in Russia, in Kirov, and I hope that all citizens of Belleville will support the program, Hands Across the Water.

I wish all of you health, happiness, and peace, and I thank you very much again.

Tatyana Melnikova

## Vote for Molinaro

To the editor:

I would like to take this opportunity to urge everyone to vote for Richard Molinaro for Belleville Board of Education.

I've known Rob for over 20 years and have been impressed by his genuine ability to relate to children and their needs. This along with his business and organizational skills makes him an asset to any endeavor he chooses to participate in.

Belleville and its Board of Education could only benefit from Robert Molinaro's involvement.

Please vote for Robert Molinaro 4A change on April 20.

Carol Capriglione

## 'Was meeting one-sided?'

To the editor:

This past Tuesday evening, April 6th, a Candidate's Night for the Board of Education was held at No. 10 School for the Township residents to ask questions of the candidates.

A question was asked to all candidates for the April 20th election by the moderator from one of the people who live in the area whose family might be affected. The question was, "How do you feel about the Mental Facility that is coming across the street from School No. 10?"

Almost every candidate said that they were concerned and did not want it in our area as proposed.

Candidate Mrs. Cicalese said she didn't go to the March meeting at No. 10 School because that was called by residents on a committee from her area because it was one-sided.

This meeting had all of our Councilmen there except one because he didn't want to be there. Our Mayor was also there and our Superintendent of Schools was present. All of our Board of Education members were there except one who was at another affair — the same board that she wishes to serve on.

All County officials that had anything to do with Mental Health, plus the President of the Mt. Vista Corporation was there to answer any questions.

As a coordinator who helped notify all the residents in the No. 10 area, including Mrs. Cicalese, with a flyer I would like to know — what did she mean, that the meeting with 361 residents from her area who are concerned — attended the meeting in March, had a one-sided meeting?

Plus, she was asked to sign a petition to stop all funds to the Mental Health Facility until all questions were answered to satisfy the No. 10 residents. She refused — why?

Joseph Fornarotto

## Pat supported

To the editor:

On April 20th, there will be a School Board Election. I'm writing this letter on behalf of one of the candidates running for re-election. Her outstanding work on the board of education in the past six years has shown me she knows the detour around roadblocks and is willing to crash right through those blocks. To maintain good education at a saving to the taxpayers, she has shown me she is ready to meet the challenge for the future. Her continued work can only be good for Belleville students, and taxpayers. Her foresight in saving money shows on her voting record, and, I for one would like to see her outstanding record continue.

If you have not decided who to vote for, the person I'm speaking of is Patti Pisano A-5. The reason I'm writing this letter is because I'm a parent, a homeowner, and I truly believe in Patti Pisano, and the issues she stands for.

Ron Spera

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# Letters to the Editor

## A Library reminder

To the editor:

I am writing this letter as a reminder to all teachers who wish to have their class visit the Belleville Public Library and Information Center, to call the library in advance for an appointment for their class, regardless of the class size, as has always been the policy of the library. This policy is for the provision of the best professional services for the classes and also to prevent any programming conflicts.

The library has always welcomed class visits from the Belleville public schools, St. Peter's School, local nursery schools, and others.

I would like to address the day Margaret Fitten with her students from St. Peter's School came to the library, as she discusses in the April 8 letter to the editor. A program that was prescheduled was about to take place, including parents and children at 9:30 a.m. I believe that there was simply a lack of communication with Mrs. Fitten, in that the library certainly welcomed her until 9:30 a.m., when the program was about to commence, and offered her the opportunity to use the Young People's and Adult Department thereafter. However, the library is apologetic for any misunderstanding that may have occurred and certainly welcomes any future visits from Mrs. Fitten and her class.

Adrea G. Cohen  
Acting Director

## Missing your support

To the editor:

The people of the Township of Belleville have done it again. They have missed another positive showing of what is right and good with the young people in our town.

Last year, I wrote a letter to the editor, inviting everyone to attend a performance of "A Chorus Line," at Belleville High School. The play was presented for three nights. Guess what!! Not even half of the auditorium, which holds approximately 800 people, was filled for each performance. Well, the news gets better or worse, (depending on the way you look at it), the same thing happened again this year. How sad, that an entire town of more than 30,000 people cannot support the youth in a positive endeavor.

Over the years, I have attended many excellent musical shows presented at the high school. I have also attended several performances of many local area high school productions. Some of the schools have 4, 5 or 6 performances, but most of them only have three, like us. Tickets for all of these shows must be purchased in advance, as most of the performances are sold out.

What is wrong here in Belleville? We are behind our athletes (and you can count me in there, too). Hopefully, I will see you at the baseball and softball games, track meets and crew races, not to mention the wrestling matches, football and basketball games.

This year's production of "Broadway's Best In Belleville" was very well presented. The kids that perform in the shows only request your presence for one night a year. They work extremely hard for many hours, rehearsing and getting ready for opening night.

I am extremely proud to be the parent of a cast member. My daughter has just completed her third show for Belleville High School and is already looking forward to next year.

My personal gratitude and thanks to Ms. Janice Nazziola

and Mr. Bob Leffelline for caring enough to give these kids the extra time and effort it takes to present these high quality shows.

What is the answer? How can we get the community involved? We must recognize the talents put forth by these teenagers. The late, great Walt Disney once said, "Our greatest natural resource is the minds of our children".

Maureen Gray

## Pisano endorsed

To the editor:

As the day of importance draws nearer I find myself thinking more and more about the upcoming Board of Education Election on April 20th. Patricia Pisano comes to my mind with complete admiration for all she has done over the past three years in office. Being an active parent in the Belleville school system, I am able to see first hand the hard work our Board does in maintaining the levels of education our children receive under the guidance of our Board President Pat Pisano.

I and many others who were deeply concerned with the possible cuts last year in state aid worked hard in organizing and supporting the campaign entitled "March on Trenton." My friends and I are comfortable in knowing we can turn to Pat Pisano if the need to arises. She is always willing and available to help us or try and help us understand more clearly the situation at hand. I feel that she is an utmost necessity to the Board of Education and should be returned to her rightful place to continue to work hard for the children of Belleville as well as the taxpayers. I commend Pat Pisano and just want to express this publicly so those who are not familiar with her performance may seek the knowledge needed and vote SA on April 20th.

Lynn Risoli

## Klein votes Clinton package

Congressman Herb Klein (D-NJ) voted in favor of the Stimulus and Investment Package for FY 1993 and the 1994 Budget Resolution, both of which passed the House of Representatives.

"These last couple of weeks, I have been wading through the letters and listening to the flood of phone calls from my neighbors back home. They are worried about how the economic proposals are going to affect their pocketbooks," said Klein.

"My home state of New Jersey has not bounced back from the recession. It currently ranks 46th in job creation among the 50 states and February's unemployment rate was up from last month to an outrageous 7.8 percent. Our economy needs an extra kick in the pants and the stimulus package is just the boost we are looking for. It promises jobs and it will lay the groundwork for a stable and expanding economy in the future."

The Stimulus Package would provide \$16.3 billion in supplemental appropriations requested by President Bill Clinton for investment in infrastructure; jobs and human resources; community development; and energy, environment, and technology programs. Included in the measure is \$4 billion in mandatory spending to cover this year's cost of the recent extension in emergency unemployment benefits and \$3 billion from the Highway Trust Fund for road construction and maintenance.

"I'm reluctantly voting for the budget resolution. But the fact remains that we need a vehicle to move the process of deficit reduction and economic growth forward," said Klein. "Even though this resolution will reduce the deficit by \$510 billion in five years, I still feel that additional cuts are needed and can be found."

"I am pleased that the House Budget Committee cut spending by an additional \$63 billion and that the Senate is proposing even greater spending cuts. Even I, as a freshman in my first two months in office, was personally responsible for saving the federal government \$70 million in one program. I plan to continue my search for spending cuts whenever and wherever I can find them."

The Budget Resolution consolidates President Clinton's five-year economic plan and the \$63 billion in spending cuts made by the House Budget Committee. It calls for deficit reduction and investments in programs to generate economic growth over the next five years.

"The vote on the Budget Resolution was extremely difficult for me because I am not satisfied with the total package, but we have to put a ceiling on the spending we do around here," said Klein. "Even though it is not perfect, it was the best plan offered to achieve my goals of job creation and long-term economic growth. The sum of the whole, is greater than the parts. The resolution reported by the Budget Committee significantly reduces the deficit, invests in America's future and makes the structural changes that are desperately needed for a healthy, stable and growing economy."



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### Governor host home ownership seminar

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Joining Florio on the panel was J. Hillyer of "A Professional Tax Service" in Fairfield. The panel discussion was beamed via satellite to each of the sites and attendees were able to call questions in to the panel. Some of the tax advantages Dora pointed out were the deductibility of real estate taxes and mortgage interest which usually makes up 90% of one's monthly mortgage payment. In addition to the closing points deduction, Dora stated home ownership affords you

the borrowing power on the home's equity while in turn the interest you pay is still 100% tax deductible. Her advice to first time home buyers is enjoy the tax savings of home ownership each week in your paycheck by reducing your federal withholding tax in order to increase your weekly take home pay as opposed to receiving a large refund on your tax return.

Hillyer and her associate, Albert P. Tobia, "Bert" have both been on several panels in conjunction with the New Jersey Board of Realtors. She stated that they would be more than happy to answer any Real Estate tax questions in order to promote home ownership in New Jersey. They maintain an office in the Fairfield Commons on Route 46 - W in Fairfield.

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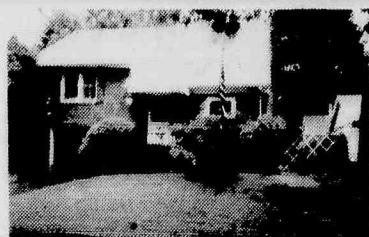
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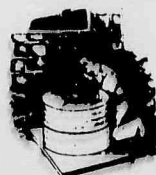
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• Reasonable Prices •

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• Exterior • interior  
• Roofing • Kitchens  
• Windows • Bathrooms  
• Siding • Sheetrock  
• Decks • Additions

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\* Free Estimates \*



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Installed • Repairs  
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Custom Stained & White  
OLD FLOORS MADE LIKE NEW  
\* Reasonable Price & Free Est. \*  
3 Yrs. Warranties

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## Spring Starts Here

**GlenRidge  
Garden Center**

622 Thomas Blvd.

GlenRidge/East Orange Line

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• Lawn & Garden Supplies  
• Indoor Plants  
• Silk Arrangements  
• Full Landscaping

**EASTER PLANTS**

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Especially for kids and their families

# The Mini Page

© 1993 by Universal Press Syndicate

By BETTY DEBNAM

The 1993 Caldecott Winner

## Emily Arnold McCully



Emily Arnold McCully has illustrated more than 150 books! She has both illustrated and written 15 books.

### Her background

"I was always the class artist when I was in school. I drew all the time and wrote stories and made them into little books," Emily Arnold McCully told us. Ms. McCully taught herself most of what she knows about being an artist. She studied art history in college. After graduating, she did free-lance artwork. She did a poster for a radio station. A children's book editor saw it in a subway station and got in touch with her. "She had a book in mind that she needed illustrated and I did it. Another one followed, and little by little I became a children's book illustrator," she told us.



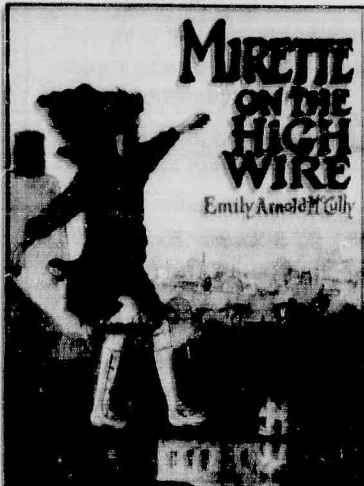
The Caldecott Medal is given to the illustrator of the most outstanding children's picture book. This year's winner is Emily Arnold McCully for her book "Mirette on the High Wire." She is also the author.

### The book

Have you ever seen anybody do something daring that you think you might be able to do? "Mirette on the High Wire" is the story of a spunky French girl whose mother runs a boarding house in Paris. One of the guests is the great Bellini, a master on the high wire who has lost his nerve. He teaches Mirette the art and she helps him regain his courage. The book might inspire readers to try new things, too! (No high-wire walking, please!)

### Her studio

She has a studio in her New York apartment. The desk that she works on is 8 feet long.



The winning book's cover.

### Advice to young people

"Keep developing your abilities. I practiced all the time. Be open for opportunities and take advantage of them. Read fiction, history, biography and newspapers," says Ms. McCully.

### Personal facts and favorites

**Family:** two grown sons  
**Pets:** one Abyssinian cat (age 14) named Sido  
**Hobbies:** reading, acting, cooking. She spends half of the year in New York City and the other half in

Austerlitz, N.Y., about a two-hour drive from the city. There she enjoys another hobby, gardening.

**TV shows:** While she doesn't watch much, she does enjoy "Roseanne" and some shows on PBS.



April 18-24 is National Library Week. The theme this year is "Libraries Change Lives." This week is sponsored by the American Library Association.

The Caldecott and the Newberry medals are presented each year by the Association of Library Services to Children of the American Library Association.



## Mighty Funny's Mini Jokes

**WHAT DO YOU GET WHEN YOU CROSS A TURKEY WITH A GUITAR?**  
A BIRD THAT MAKES MUSIC WHEN IT'S PLUCKED!

**THAT'S MIGHTY FUNNY!**

**Q:** Why did the lady cover her ears when she passed the turkey farm?  
**A:** She didn't want to hear any fowl talk!  
(Sent in by Martha Gutierre)

**Q:** What do elephants do when they hurt their big toe?  
**A:** Call a toe truck!  
(Sent in by Glenda Villatoro)

The Mini Page Presidents Poster and Book of Presidents are a great combination — and the best way to learn about each president — including Bill Clinton!

Illustrated with reproductions of engraved portraits, the 22 1/2-by-28 1/2-inch Presidents Poster shows each of the presidents with the dates that each held office. The Book of Presidents (5 1/2-by-8 1/2-inch, 96 pages) features a photo of each president, as well as information such as dates of birth and death, dates served as president, political party, signature, glossary of political terms, a visit to the White House and important achievements.

Mail order to:  
The Mini Page, P.O. Box 419150, Kansas City, Mo. 64141

Please send \_\_\_\_\_ copies of the Presidents of the United States Poster at \$3.00 plus 50¢ each postage and handling and \_\_\_\_\_ copies of the Book of Presidents at \$4.95 plus \$1.00 each postage and handling. (Make check or money order payable to Andrews and McMeel.) Total amount enclosed \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

## Rookie Cookie's Recipe Hamburger Pie

You'll need:

- 1 pound ground beef
- 1/2 cup evaporated milk
- 1/2 cup ketchup
- 1/3 cup dried bread crumbs
- 1/2 onion, chopped
- 1 unbaked pie shell
- 1 cup cheddar cheese, shredded

What to do:

1. Combine ground beef, evaporated milk, ketchup, bread crumbs and onion in a large bowl.
2. Spread mixture evenly in pie shell.
3. Bake in a preheated, 350-degree oven for 45 minutes.
4. Remove pie from oven. Sprinkle cheese evenly on top.
5. Bake another 5 minutes or until cheese melts. Serves 6.



## Peter Penguin's PUZZLE & LE-DO

Fit the names of these supplies an artist uses into the puzzle.

**ACROSS:**  
1. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_  
6. \_\_\_\_\_

**DOWN:**  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_  
6. \_\_\_\_\_

**ANSWERS:**  
Across: 1. paper, 2. easel, 3. brush, 4. pen, 5. ink, 6. paintbox. Down: 2. easel, 3. brush, 4. pen, 5. ink, 6. paintbox.

## LIBRARIES TRY 'N FIND

Words that remind us of things you can read about in a library are hidden in the block below. Some words are hidden backward or diagonally. See if you can find: GARDENS, BUSINESS, MUSIC, NEWS, IDEAS, SCIENCE, HEALTH, SPORTS, DIRECTIONS, RESEARCH, CAREERS, BEAUTY, DANCE, FACTS, RECIPES, TRAVEL, GEOGRAPHY, PETS.

I LOVE TO READ BOOKS!

SEPICERBSCIENCE  
SNEDRAGOCHECNAD  
SECAREERSSEOTYP  
PFTUYTUAEBIAPZE  
OFRMNEWSGQVNLAT  
RAAUHSAEDIRCETS  
TCVSIHCRAESERSH  
STEIGEOGRAPHYJS  
KSLCSSNOITCERID

## Mini Spy . . .

Mini Spy and Dot are trading books to read in the park. See if you can find:



- peanut
- lima bean
- dog's face
- rabbit
- bird
- lion's head
- word MINI
- fish
- kite
- funny face
- mushroom
- bell
- letter K

## The History of Libraries

Make a mini book! Cut along the dotted lines. Glue back-to-back pages: 2 to 3, 4 to 5, 6 to 7, 8 to 9, 10 to 11, 12 to 13, 14 to 15, 16 to 17, 18 to 19, 20 to 21, 22 to 23. To finish the book, cut out and design your own cover.

**3000 B.C.**  
Ancient peoples of the Middle East started the first libraries with clay tablets.

**2700 B.C. — A.D. 300**  
Libraries in Egypt held scrolls made of paperlike papyrus.

**A.D. 476 — 1500**  
For hundreds of years, man wrote on parchment (thin layers of animal skins.)

**A.D. 105**  
The Chinese did a lot for libraries by inventing paper.

**476 — 1400s**  
In the Middle Ages, books and manuscripts were kept by monks in monastery libraries.

**Mid-1400s**  
The invention of the printing press and movable type gave libraries a big boost.

**1600 — 1700**  
The number of private and public libraries grew and grew.

**1638**  
The first library in the U.S. was started when John Harvard gave 400 books to a university.

**1731**  
Ben Franklin came up with the idea of a subscription library. Anybody who paid to join could take out books free.

**1876**  
Melvil Dewey invented the Dewey Decimal System.

**1900**  
The first librarian specially trained to work in school libraries started her job. Her name was Mary Kinsbury.

**The future**  
More people will use their home computers to tap into the services of their neighborhood library.

**3000 B.C.**  
HARK ON CLAY, LET IT DRY AND BAKE IT!

**2700 B.C. — A.D. 300**  
ONE SCROLL WAS 132 FEET LONG!

**A.D. 476 — 1500**  
LET'S FOLD SHEETS DOWN THE MIDDLE AND SEW THEM TOGETHER!

**A.D. 105**  
A MAN NAMED CAI LUN WAS THE INVENTOR OF PAPER.

**476 — 1400s**  
COPYING BY HAND IS HARD, DETAILED WORK!

**Mid-1400s**  
WE CAN THANK A GERMAN, JOHANNES GUTENBERG, FOR INVENTING THE PRINTING PRESS.

**1600 — 1700**  
THESE YEARS WERE SO GOOD WE CALLED THEM THE GOLDEN YEARS.

**1638**  
LET'S NAME THE UNIVERSITY AFTER HIM!

**1731**  
THE DUES MEMBERS PAY WILL BE USED TO BUY BOOKS.

**1876**  
NOW READERS WILL KNOW WHERE TO FIND THE BOOKS.

**1900**  
THE NUMBER OF LIBRARIES AND SERVICES THEY OFFER GROWS AND GROWS.

**The future**  
I CAN DO MY RESEARCH AT HOME.

**Cynthia Rylant wins the Newberry Medal**  
This year's winner is Cynthia Rylant for her book "Missing May." Like most of her books, it is based on her childhood in West Virginia.

**"Missing May"**  
"Missing May" is about a 12-year-old girl and her uncle and how they cope with the death of their loved one, May.

**Next week:**  
Read all about what makes kids happy.

**Ask each class member to act out something daring he or she would like to do. See if the other class members can guess what it is.**







## HOUSES FOR SALE

**NUTLEY RANCH**, Nutley Park. Lg. LR w/brl, 2 lg. BRS, lg. new kit, den & fam rm/DR; full bsmt; att gar. On 63 x 130 level lot. Priced to sell.

**EXCL. LIST!** Conv to H/Roche. 5 BRS, 2 1/2 baths, rec rm, excr rm, fam rm & den. 2 car gar, custom built. Call for details. Low \$300's.

**BLOOMFIELD RANCH**, on quiet street. Blt for which chair, 3 BRS, 1 1/2 baths. Just redoc. \$180's. Owner holds NJRE lic.

**BELLEVILLE COL.**, 6 rms, lg mod kit. Hardwood flrs, nat trim, near sch. \$119,900 - must be seen!

**CONDO**, on Nutley line. 2 BRS, 2 baths, DR, laund; C/A; C/vac; balc. Will rent \$1100 or sell \$120's. **REALTOR: RECORDS REALTY** 3 High St., Nutley 667-5500

**Nutley-by owner** 3BR Col. LR/DR, Lg. EIK 1-1/2 baths, Det. gar, encl. front porch. Asking \$169,900 667-9013

**OPEN HOUSE** SUN, 4/18 1-4  
**2 FAM - \$170's**  
Belleville 27 Lincoln Terr. (Off Belleville Ave.) Must be seen!

**D.P. Lettini**  
R.E. Broker 450-8121

**NUTLEY PARK** - immac 3 BR col., Hugh country kitc, deck, lg corner, c/a. \$349,000. Call for more details 667-7454

## RENTALS WANTED

**1 BR** near Transp. w/off street parking Bloomfield/Belleville 201-216-6451

## VACATION RENTALS

**N. MYRTLE BEACH, SC VACATION RENTALS**  
Large selection. Oceanfront/Oceanview 1-6 bedrooms. Condos/Homes, close to everything. Affordable, friendly service. **FREE** Rental Guide.  
Elliot Realty 1-800-525-0225

## APARTMENTS FURNISHED

**Belleville - furn.** apt 3 1/2 rms, single pref. \$600. per mo., 1 mo. sec. Avail 5/1. No pets. 263 Hornblower Ave. Br. Av. 6pm.

## More For Your Money

Choose the smart way to advertise your open house every week with less fuss and greater visibility...  
Choose the Open House Bulletin Board

This listing will appear every week in the Nutley Sun, Belleville Times & The Bloomfield Life at a cost of **ONLY \$15.00 per week.**  
(2x1 classified ad size)

For More Information or to place your ad contact the classified dept.

667-3000

**ORECHIO PUBLICATIONS**  
800 Bloomfield Ave  
Nutley, N.J.

## APARTMENTS UNFURNISHED

## ATTENTION LANDLORDS

We invite you to list your apartment or house with our rental dept. We interview all applicants, & supply credit reports if required. No fee to landlords. Ask for Eddy.

CENTURY 21

HOMES THRU US

751-8800

## BELLEVILLE'S LUXURY COMMUNITY

**2 Bedroom**  
Ultra-modern garden apts. in a quiet community. W/W Carpeting, H/H/W, Laundry Room, and Safe Parking are included.  
Call: (201) 759-8379

## APARTMENTS UNFURNISHED

## BELLEVILLE GOURMET KITCHEN

Check out this remodeled Eat in Kitchen with dishwasher 4 extra large rooms. H/H/W, A/C plus extras. \$625 mo.  
LRC Broker 201-488-2550

Belleville-Nice 2 family

1st fl. 5 rms \$835 + util.

2nd fl. 5-1/2 rms \$800 + util. Just painted 933-6922

Belleville Mod. 5 rms.

move-in-cond. Crpt &amp; lots of closets. 2nd fl of 2 fam. \$750 H/H/W incl. 751-1691

Belleville - 3rms. H/H/W

supp. Avail immediately. 1 mth. sec. No pets 759-1022/887-5190

Belleville 3 lg rms, incl

refrig &amp; stove, h/h/w. 759-1735

Belleville Silver Lake

2 BR's. Stove, refrig, H/H/W, Off St. pkg. \$770 mo. Call 450-4318

## APARTMENTS UNFURNISHED

## BELLEVILLE

Ultra mod; 3 BR's FDR,

lg. tile bath. \$825 mth. Must be seen!

**D.P. Lettini**

R.E. Broker 450-8121

Belleville - Studio apt.

\$400 per mo. + security, utilities included.

Avail now. Call aft 5 P.M. 450-1094

**BELLEVILLE**

5 rms, 2-3 BRS, 2nd fl.

\$650 + util. Vacant. Avail

immed. **MARZULLI**

Realtor 743-2306

## APARTMENTS UNFURNISHED

**BELLEVILLE** 3 rms, 2nd fl. pvt. home. \$575 H/H/W supplied. No pets. 759-2392 or 485-5296

**BELLEVILLE**

Mod. 2 BR apt, w/d

hookup, off street parking. \$625 + util.

**MARZULLI**

Realtor 743-2306

**BELLEVILLE**

1 &amp; 2 BR beautiful

garden apts. H/H/W sup. For info call 450-1641

**BELLEVILLE**

5 rms, \$650 + utilities.

Avail. now. Broker: **HANCOX REALTY** 667-9115**Belleville-Rms** for rent - 4

rms, 2 BR, \$650, plus util.

3 rms, 1 BR, \$400 plus

util. Nice area prkg avail. Call for appt 481-3542

**BELLEVILLE**

3 lg rms, 2nd flr h/h/w incl.

\$600.

5 lg rms, 1st flr, supply

own util. \$600.

6 mod rms, 2nd flr, supply

own util. (Naples Ave.) \$700.

**NUTLEY** - 2 1/2 mod rms

grdn apt. 2nd flr, h/h/w incl. \$600.

4 lg rms 1st flr, supply own

util. \$675. per mo. **METRO AGENCY****REALTOR** 751-3400**Belleville - basement apt.**

Studio/BR, mod kit &amp;

bath. Incl stove &amp; refrig, all util. Avail May 1. \$450

+ 1 month sec. Call 325-1277 or 450-0942.

**BLOOMFIELD**

3 1/2 lg mod rms, garden

apt, H/H/W, washing

facilities on premises &amp; parking. Call 743-8886 or 748-0302

**Bloomfield - 2 1/2, 3 & 4**

rms, \$550 &amp; up, incl all

util. N.Y. bus at door. Call 429-8444

**Bloomfield-5 rms** on 1st

flr. w/2 BR on Baldwin St.

off str. prkg, storage, close

to shopping &amp; transp. May 1. \$825. per plus

util. 661-3655/338-1657

**Bloomfield-3 rms apt, kit**

&amp; bath. All util incl. \$750.

quiet residential area. Call 485-7397

**Bloomfield 3 small rms,**

h/h/w suppl. single prof. \$575. per mo. Avail May.

John 748-2240 lv. mess.

**Bloomfield - 2 BR apt, 1st**

fl. 2 fam. W/D hook-up,

bsmt storage, garage. No

pets. Avail May 1st. \$775

+ util. Call 201-777-2135

**BLOOMFIELD**

3 rooms \$400. month

+ utilities. 748-1002

## APARTMENTS UNFURNISHED

**Bloomfield - 3 BR.** carpl. conv. to store & transp. \$775. + util. 1 1/2 mo. sec. No pets. Avail 6/1. 743-8638/743-8323

**Bloomfield-6 rms**

2nd fl of 3 fam house

H/H/W incl. \$725 mo.

Also: 5 rms, 1st flr,

finished bsmt. 2 car gar.

backyard &amp; driveway

\$825 mo H/H/W incl.

Avail Apr 1st 680-1513

**Bloomfield-4-1/2 rms.**

No pets-Newly dec. W/W

crpt, H/H/W incl. Adults

pref. 429-8039 aft 5pm

**Bloomfield**

Location &amp; Value

3 1/2 rms, spotless,

w/new kit &amp; new appl,

newly fin hardwood floors,

great closets. H/H/W incl.

On site laundry, well

maint, trans to NY &amp; all

conveniences at front

door. Call 743-7261

**Bloomfield Lg. 1 BR, 2nd**

fl. of 4 fam. \$650 mth, 1

mth sec. Supply own util.

743-1118/403-2419 aft. 3

**BLOOMFIELD**

Cute little 3 rm apt. Just

right for 1 person. \$450

includes all. **MARZULLI**

Realtor 743-2306

**BLOOMFIELD**

5 rms, 2-3 BRS. Avail

immed. \$700 + util. 2nd

floor. **MARZULLI**

Realtor 743-2306

**BLOOMFIELD**

Mod 2 BR apt. Avail

immed. \$750 includes

H/H/W. **MARZULLI**

Realtor 743-2306

**BLOOMFIELD**

Mod 1 BR apt + gar.

Freshly painted. \$600

includes H/H/W. **MARZULLI**

Realtor 743-2306

**BLOOMFIELD**

Mod 6 1/2 rm apt with 3

BRS, w/w. Avail 6-1-93.

\$775 + heat. **MARZULLI**

Realtor 743-2306

**BLOOMFIELD**

Mod 6 rm apt. W/D

hookup, refrig. \$900 +

util. **MARZULLI**

Realtor 743-2306

**MONTCLAIR**

2 BR apt w/off street

parking. Avail 5/1/93. \$800

incl heat, hot water, gas,

elec. **MARZULLI**

Realtor 743-2306

**UPPER N. NEWARK - 1**

BR grdn, lg LR, mod kit

w/appl. Lg BR, 6 closets,

&amp; laundry. \$525. per mo.

sngl/cuple. Jim 857-5854

## APARTMENTS UNFURNISHED

**NUTLEY** 3 rms, \$625 h/h/w incl. 3 rms, \$640 h/h/w incl. 3 1/2 rms, \$650 h/h/w incl.

4 rms, \$625 h/h/w incl.

3 rms, \$550 h/h/w incl.

3 1/2 rms, \$575 heat incl.

3 rms, \$625 h/h/w incl.

3 rms, \$669 h/h/w incl.

3 rm Condo, \$750 h/h/w

incl.

5 rms, \$750 + util.

5 rms, \$750 h/h/w incl.

**BLOOMFIELD**

2 1/2 rms, \$425 h/h/w

incl.

3 1/2 rms, \$650 h/h/w

incl.

3 rms, \$650 h/h/w incl.

NO. NEWARK

3 rms, \$300 + util.

4 rms, \$475 + util.

3 rm Condo, \$700 h/h/w

incl.

**COSTANTINE****REALTOR** 667-7070**NUTLEY**

Superly prepared 1 BR

apts. Tranquil, landscaped

setting w/all conv. of city

living. 1 blk to N.Y. bus.

Inmac cond. with all new

Euro-style kitchens.

H/H/W incl. On site

laundry &amp; parking. CALL 667-0176

**NUTLEY**

2 1/2 rm off, \$550 inc ht.

3 rms, 1st fl, \$625 inc ht.

3 1/2 rm Grdn, \$625 inc ht.

4 1/2 rms, \$625 + util.

4 rm Grdn, \$725 inc ht.

House Rental - 2 BR

Cape, \$1,000 + util.

**BELLEVILLE**

3 1/2 rm Grdn, \$550 inc

ht - no fee.

**BLOOMFIELD**

6 mod rms, \$900 + util.

5 rms + bsmt, \$950 + util.

**CENTRE REALTY****REALTOR** 667-5100**NUTLEY**

1 br Grdn, \$525 all util inc

**BELLEVILLE**

Studio, \$499 h/h/w incl.

1 br Grdn, \$575 h/h/w incl.

3 rms, \$550 h/h/w incl.

2 br Condo, \$900 + util.

**MONTELL AGENCY**

759-6900

## COM./BUS. RENTALS

**NUTLEY CENTER -**

2 stores. \$1400 per mon

each; 1100 sq ft each +

heat &amp; util. Busy corner!

**REALTOR:****RECORDS REALTY**

667-5500

## OFFICE FOR RENT

**NUTLEY - Mod 500 sq ft.**

1st flr office. 2 bks from

Rt 3. prkg lot. Avail July 1

\$700. per mo. 667-1234 or 338-4093

## CONDOS FOR RENT

**BELLEVILLE** Ultra mod. condo, 1 BR, DR, huge LR, alarm system, gar. Extra!! Asking \$900 mth.

**D.P. Lettini**

R.E. Broker 450-8121

**BELLEVILLE**

4 rms, deck, gar,

basement, AC, all appl's,

lge ultra mod. \$795 + util.

Avail 5/1. **MARZULLI**

Realtor 743-2306

**Bloomfield - Studio apt.**

Sep EIK, W/W, stove,

refrig, W/D and storage in

bsmt. Avail May 1. \$490 +

util. Call 748-5396.

leave message.

**BLOOMFIELD**

4 lge mod rms. All appl's,

gar, laund, etc. \$750

H/H/W incl. **MARZULLI**

Realtor 743-2306





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## ShopRite Coupon



64-OZ. CART., FROM CONCENTRATE

**ShopRite  
Orange Juice**
**2.99**  
FOR


With This Coupon. Limit one per family. Good at any ShopRite. Sun., Apr. 11 thru Sat., Apr. 17, 1993.

SCAD

## ShopRite Coupon

SELECTED VARIETIES (12) 12-OZ. CANS  
OR (1) 144-OZ. T.W.
**12-Pack  
ShopRite Soda**
PLUS DEP.  
WHERE REQ.
**.99**


With This Coupon. Limit one per family. Good at any ShopRite. Sun., Apr. 11 thru Sat., Apr. 17, 1993.

## ShopRite Coupon



1/2-GAL. BTL., CLEAR

**ShopRite  
Apple Juice**
**.69**


With This Coupon. Limit one per family. Good at any ShopRite. Sun., Apr. 11 thru Sat., Apr. 17, 1993.

## ShopRite Coupon



RED DELICIOUS, McINTOSH, ROME OR EMPIRE

**3-Lb. Bag  
Eastern Apples**
**.69**


With This Coupon. Limit one per family. Good at any ShopRite. Sun., Apr. 11 thru Sat., Apr. 17, 1993.

## The MEATING® Place

**Porterhouse or  
T-Bone Steak**

SAVE  
2.00  
PER LB.

**3.99**

16-OZ. PKG. HOT OR SWEET

**Perri Fresh  
Sausage Patties**

ShopRite  
Sale Price **2.69** YOU PAY ONLY **1.69**

LESS PRICE PLUS club Discount **-1.00**

**Boneless  
Chuck Roast** lb. **1.99**

**Sliced  
Slab Bacon** 3-LB. PKG. **.89**

FRESH ALL AMERICAN, BLADE CUT

**Shoulder Lamb Chops** lb. **2.19**

## The Dairy Place

**Imperial  
Margarine** 1-LB. PKG. **3.100**

**ShopRite  
Singles** 1-LB. PKG. **1.29**

**ShopRite  
Sour Cream** 16-OZ. CONT. **.69**

## The Appy Place

**Store Sliced  
Roast Beef** **4.99**

**ShopRite  
American Cheese** lb. **2.99**

**ShopRite  
Butterball  
Turkey Breast** lb. **3.99**

## The Fresh Fish Market

**Fresh Boneless  
Swordfish Steaks** **5.99**

**Imitation  
Crabmeat** 2-LB. PKG. **2.99**

**Medium White  
Shrimp** 51-60 PER LB. **4.99**

**18 Piece.  
Fryer Parts**

• 6 THIGHS  
• 6 WINGS  
• 6 DRUMSTICKS

**.59**

**Chicken  
Snack Wings**

5-LB. PKG. FROZEN GOL-PAK

ShopRite  
Sale Price **3.99** YOU PAY ONLY **2.99**

LESS PRICE PLUS club Discount **-1.00**

**Chicken Leg  
Quarters** lb. **.49**

**Polish or  
Smoked Sausage** 3-LB. PKG. **2.99**

PERDUE GRADE 'A'

**Roaster Drumsticks** lb. **.89**

## The Grocery Place

**ShopRite  
Apple Juice**

SELECTED FLAVORS, 12-OZ. LOOSE CANS OR

**12 Pack Soda** **1.49**

PLUS DEP. WHERE REQ.

**Purex Liquid  
Detergent** 1-gal. btl. **2.99**

**Tuttorosso  
Tomatoes** 2-LB. 3-OZ. CAN **.69**

**Libby's  
Peaches** 1-LB. 13-OZ. CAN **.79**

1-PLY, 672 TOT. CT. SHEETS

**6 Roll Pk. Scottowels** pack **3.99**

**Combat Super Bait  
Ant Control**

3 COUNT

ShopRite  
Sale Price **2.99** YOU PAY ONLY **1.99**

LESS PRICE PLUS club Discount **-1.00**

**Peat Humus  
or Top Soil** 40-LB. BAG **1.69**

## General Merchandise

**Agree Shampoo  
or Conditioner**

15 OZ. BTL. SELECTED VARIETIES

ShopRite  
Sale Price **2.49** YOU PAY ONLY **1.99**

LESS PRICE PLUS club Discount **-.50**

**Listerine  
Mouthwash** 5.99 **.40**

## The Produce Place

**Honeydew  
Melons**

SUN., APR. 11 THRU SAT., APR. 17, 1993

ShopRite  
Sale Price **1.59** YOU PAY ONLY **1.29**

LESS PRICE PLUS club Discount **-.30**

**3-Lb. Bag  
Eastern Apples** bag **.99**

**Navel  
Oranges** 5.99

WASHINGTON STATE  
EXTRA FANCY

**Red Delicious  
Apples** 100 SIZE lb. **.99**

LOW IN CALORIES, 100 SIZE

**Bartlett Pears** lb. **.99**

**2 Ltr. RC or  
Diet Rite**

SUN., APR. 11 THRU SAT., APR. 17, 1993

ShopRite  
Sale Price **.99** WHERE AVAILABLE YOU PAY ONLY **.69**

LESS PRICE PLUS club Discount **-.30**

**10 Count  
Glad Lawn Bags**

ShopRite  
Sale Price **1.99** YOU PAY ONLY **.99**

LESS PRICE PLUS club Discount **-1.00**

**Coke Classic  
or Sprite** 2-LTR. BTL. **2.99**

IN OIL OR WATER, CHUNK

**Bumble Bee  
White Tuna** 6 1/2-OZ. CAN **.99**

VEGETABLE

**Wesson Corn or  
Canola Oil** 1-PT. 8-OZ. BTL. **.99**

TIC TAC TOES OR  
RPG'S 1,2,3'S

**Micro Meals** 2 7 1/2-OZ. CUPS **.99**

## Health &amp; Beauty Care

**Agree Shampoo  
or Conditioner**

15 OZ. BTL. SELECTED VARIETIES

ShopRite  
Sale Price **2.49** YOU PAY ONLY **1.99**

LESS PRICE PLUS club Discount **-.50**

**Listerine  
Mouthwash** 5.99 **.40**

**California  
Broccoli** 14 SIZE each **.89**

**Divine Ripe  
Tomatoes** lb. **.99**

**Romaine  
Lettuce** lb. **.89**

IDEAL ROUGHAGE

**Pascal  
Celery** each **.99**

VITAMIN 'C'

**Fresh Carrots** 5-LB. BAG **1.99**

**Bananas** 3 lbs. **1.00**

**Strawberries** 1 qt. **1.89** **.99** pt.

**Pineapples** 10 size **1.99** each

**Plum Tomatoes** lb. **.79**

**Beans** lb. **.99**

## The Frozen Foods Place

**Pepperidge Farm  
Layer Cakes** 17-LB. 13-OZ. PKG. **1.49**

**Fried  
Chicken** 28-OZ. PKG. **1.99**

SEL. VAR. SHERBET OR

**Flavor King  
Ice Cream** 1/2-GAL. CART. **.99**

## The Bakery Place

**ShopRite  
White Bread** **.79**

**Manischewitz  
Rye Bread** 16-OZ. LOAF **.84**

**8-Inch  
Apple Pie** **1.99**